



## Take a minute, change a life

### World Suicide Prevention Day 2017

**Behind every suicide are the individual stories of those who have, for many different reasons, questioned the value of their own lives.**

Each one of these individuals is part of a community. Some may be well linked in to this community, others may be less well connected, and some may be quite isolated.

Regardless of the circumstances, communities have an important role to play in supporting those who are vulnerable.

continues on page 2

#### **R U OK? DAY COMMUNITY LUNCH**

Friday, 8 September 2017  
Lunch at 12pm  
at Woodend RSL

**Adults \$5 Children free  
BOOKINGS ESSENTIAL**

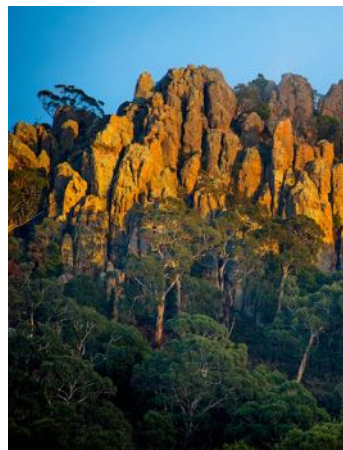
[www.woodendnh.org.au/RUOK](http://www.woodendnh.org.au/RUOK)  
5427 1845 or in person from  
Woodend Neighbourhood House

#### **R U OK? Day**

Neighbourhood House partners with Woodend RSL, to ask R U OK?

It's a national day of action dedicated to reminding everyone that we've all got what it takes to ask, "are you ok?" and support those struggling with life.

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#### **Draft options for the future of Hanging Rock**

The draft Hanging Rock Masterplan – Options Paper is available now for all to have their say on the future layout of the iconic Hanging Rock Reserve.

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Questions? Email preferred

**MANAGEMENT COMMITTEE:**

Alexia Downie Claudia Green Sylvia Franzen  
Grant Hocking John McCausland Barry Napthine  
Tony Waters Jane Waters

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## Macedon Ranges community invited to take part in walk for suicide awareness

On Sunday September 10, Macedon Ranges Suicide Prevention Action Group (MR SPAG) invites everyone to the Suicide Prevention Walk.

Representing government, community organisations and individuals with lived experience, we all will join together on World Suicide Prevention Day to make a positive impact on community mental health and wellbeing. We remember those lost to suicide, we acknowledge those who have attempted suicide and those with suicidal thoughts, their families and friends.

We are speaking up, offering a gentle word of support and listening in a non-judgemental way, and we are linking our community to support services in the local area. This can make all the difference.


### Walk with us on World Suicide Prevention Day

Sunday September 10 – Registration from 8:30am, at Woodend's Childrens Park (Nicholson Street). The walk will continue into Woodend township and then along beautiful Five Mile Creek before returning to the park where breakfast will be available. (approximate distance three kilometers)

This event is free but please RSVP your attendance direct to the MR SPAG website [macedonrangesspag.com.au](http://macedonrangesspag.com.au), click 'What's On.' For more information please call 0400 509 896 or email [macedonrangesspag@gmail.com](mailto:macedonrangesspag@gmail.com).

*If you are concerned about yourself or someone you know, help is available. If you need immediate assistance, call Lifeline on 13 11 14 or Kids Helpline on 1800 55 1800 for further information about depression, contact beyondblue on 1300 22 4636 or [beyondblue.org.au](http://beyondblue.org.au) or talk to your GP, local health professional or someone you trust.*

By N. Ward, Macedon Ranges Suicide Prevention Action Group with The New Woodend Star




**WRITE FOR US**

**If you like what we're all about, why don't you write for The New Woodend Star?**

We welcome stories of all types about the local Woodend area, so long as it's positive and informative. Contributions are welcomed from individuals and community groups. Simply send an email with all content & specific details (times, dates, contact person and details) directly to [content@newwoodendstar.org.au](mailto:content@newwoodendstar.org.au).

Articles should be about 230 words, submit by 15th

**WRITE FOR US!**



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*Woodend's Rain report*

Rainfall for July was 60.0 mm which fell on 24 of the 31 days, making year to date 352.8mm. It may have seemed wet, but this is still only about two thirds of the average July rainfall.

Month	2012	2013	2014	2015	2016	2017	av 5
January	31	3.9	19.2	61.4	35.3	27.8	2976
February	133	97.4	11.2	41.6	14.3	26.5	62.56
March	84	53	49	26	47	23.7	47.11
April	35.5	20.5	84.1	39.4	36.2	165	63.45
May	54.4	47.2	46	68.7	101.2	38.6	59.35
June	126.8	147.8	122.3	39.5	98.8	10.6	90.96
July	102	101.8	79.3	95.3	186.6	60.0	113
August	113.7	116.4	32.7	50.7	107		84.1
September	54.6	85	55.9	44	163.6		80.62
October	39	75.6	49.6	12.9	91.8		53.78
November	31.4	67.2	53	41.3	63.2		53.7
December	21.4	35.2	36.6	41.7	92.8		46.5
<b>Total mm</b>	<b>826.8</b>	<b>851</b>	<b>627.7</b>	<b>479.5</b>	<b>1037.8</b>	<b>352.8</b>	

# Carlsruhe Fire Brigade's Wine & Food Festival

Carlsruhe Fire Brigade annual Wine & Food Festival at Degraes Mill on Cobb & Co Road, Carlsruhe is on Father Day, this Sunday September 3.

The event hosts local wine, beer & food producers and a range of craft, woodworking & variety stalls.

Local artists will have displays inside the historic blue-stone mill, while belly dancers & local musicians will entertain around the grounds.



Brigade members will be available with fire safety information. There will be lots of activities to keep the children happy including face painting, jumping castle and a special appearance from Captain Koala.

This event is a key fundraising activity for our volunteer fire brigade, supporting our work and the purchase of valuable equipment.

*Entry is \$5, under 18 free. All proceeds to the Carlsruhe Fire Brigade. This event is part of the Kyneton Daffodil and Arts festival.*

By Sue Clinnick

# SUSTAINABLE HOUSE DAY

Anna and Dave first discussed building a straw bale house on their first date. "It was really more like an offhanded comment, but the seed was sown" said Anna. Fast forward several years and they are now living in their owner-built, solar passive straw bale house.

"Now that we're in, it's amazing how relaxing it is" said Dave. "We just don't have to think about our power bills because they're so small. Even wood for the fire isn't an issue because we only light it every few days. We get up in the morning and it's still warm enough."

Anna and Dave's home is one of several houses in the Macedon Ranges that will be opening this year for Sustainable House Day (SHD).

SHD gives visitors a chance to inspect first-hand houses that have been designed, built or renovated with sustainability in mind, as well as the opportunity to talk to owners and receive grass-roots advice.

Hundreds of houses across Australia are set to open their doors with thousands expected to visit. Sustainable features on display range from completely new builds to renovations, retrofitted appliances and garden ideas.

The Macedon Ranges Sustainability Group is once again supporting this year's Sustainable House Day within the Macedon Ranges.

"We are opening our home because we just wish more people could live in well-designed houses" Anna said. "A sustainable house doesn't actually have to cost more, but you do need to ask yourself a lot of extra questions before building. I think seeing other houses helps you do that."

*This year Sustainable House Day is on Sunday September 17 from 10am to 4pm. Registrations are essential at [sustainablehouseday.com](http://sustainablehouseday.com).*

By Anna Haines



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Houses in the Macedon Ranges will be opening for



**Sunday**  
**17 September**  
**2017**  
**10am – 4pm**

Organised by the Alternate  
Technology Association (ATA)  
and locally assisted by



Registrations are essential at [sustainablehouseday.com](http://sustainablehouseday.com)

## We love local!

The New Woodend Star is fully funded by the community advertisers and it's written by people who live in our community, about things that are happening in our community.

**That make us 100% community made!**

# Woodend History in Action

## Did you know that the St Mary's Ladies Guild is the longest continuous operating group in Woodend?

The Guild began as 'The Sewing Bee' from the earliest days of our church on the hill. The first recorded information about the Sewing Bee is dated 1883 and they operated under this name until 1993 when they became 'The Ladies Guild'.



Over the 134 years (that we know of) this group of women have done lots of important work in the church and our town. They raised money to build the bell tower of the church in 1893, and the first St Mary's hall; they have provided catering for more weddings, funerals and baptisms than anyone can remember; they provide blankets and knitted warmth for the Salvation Army to distribute amongst the homeless; last year they co-ordinated the supply of hundreds of knitted items to Nepal in support of families still suffering the effects of devastating earthquakes in 2015; they've partnered with Rotary and Red Cross on projects; and they make some of Woodend's finest jams.

The dedication of the Guild continues to this day. The 'Knit and Natter' monthly gathering on the third Wednesday of each month, and the famous street stall on the second Saturday morning of each month, show how strong this group is and how committed they are to providing practical goods to the people of Woodend and beyond.

*If you would like to come along to any of the Guild gatherings check out the website [www.woodendanglican.org.au/](http://www.woodendanglican.org.au/) or get in touch with Rev. Mel on 0411 72 2718.*

Ian Templeton

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# Sound tracks of our lives - Music in Film

## Resonance String Orchestra in Concert with acclaimed cellist Zoe Knighton (Flinders Quartet)

In September, Resonance String Orchestra will appear in concert with Zoe Knighton, a cellist of great acclaim. Knighton is renowned for her work as both soloist and chamber musician, and is a founding member of the Flinders Quartet, one of the finest string quartets in the country.

Another aspect of this project has been Resonance's work with residents at the Woodend Aged Care facility: orchestra members have spent time interviewing residents, hearing stories of the significance of film and music in their lives, and they have performed concerts of works in progress at the facility. The result has been an inter-generational dialogue and exchange that has been meaningful for all involved. Our September performance will reflect this ongoing relationship in many ways.

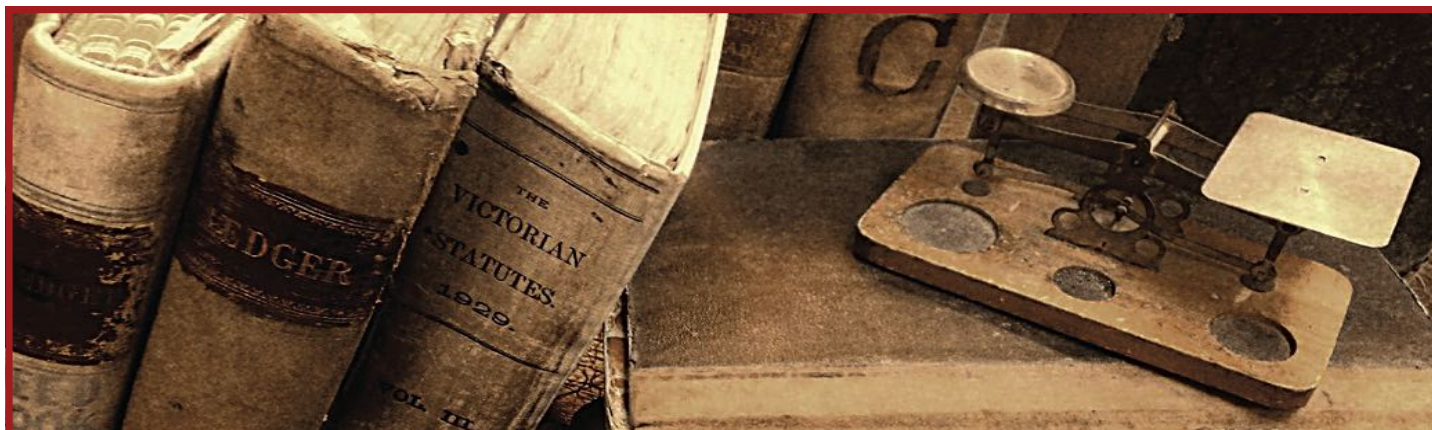
For the performance, Knighton has worked with Resonance on several works from film scores, producing a program that will resonate with audience members across the generations. Audiences will recognise music by the great soundtrack composers, including Yann Tiersen, Ennio Morricone and John Williams, with themes from films from 1950s-present including Dambusters, Breakfast at Tiffany's, Star Wars, Amelie and Harry Potter, and more. The slow movement from Schubert's C major double cello quintet will be easily recognisable to film-lovers, and will be performed by Knighton and Resonance staff group Quartet Con Spirito. Knighton will also feature as a soloist in Moon River and the achingly beautiful Schindler's List theme.

The concert features special guests from the Woodend Primary School Choir and 'String Club'. Held at Mary Maloney Theatre, Sacred Heart College, Kyneton, Sunday September



10 at 3pm. Book tickets via trybooking/RUIT. Resonance is accepting members into both string ensembles, so if you play a string instrument and would like to play with others in a friendly and musically challenging environment, please contact us: [resonancestringorchestra.org.au](http://resonancestringorchestra.org.au) or [heather.violin@gmail.com](mailto:heather.violin@gmail.com) or 0418 128 894.

By Gavin Green



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## Macedon Ranges to host Showbiz Legends

Rhonda Burchmore, OAM is one of Australia's biggest stars who was in the original record breaking production of the ABBA musical, Mamma Mia! Her 'partner in crime' on stage, was Lara Mulcahy who also starred in the show on the West End.

The pair are self-proclaimed 'ABBA-tragics' loving the music and mystique surrounding the 70's Supergroup.

"We have created a new, funny show, Abba -Solutely Fabulous, which is touring nationally and heading to the Macedon Ranges in early September" Rhonda told The New Woodend Star.

"I can't wait to revisit 'The Ranges.' Many of my clever friends have moved to the area settling in Woodend, Lancefield and Kyneton so I've seen how great the lifestyle is, which is being enhanced by entertaining, professional shows making it a priority to play here."

"Lara and I grew up as ABBA fans. We wanted to be Frida and Anna. In the performance, we explore and live out our ABBA fantasies, performing their hits with a really hot live band in a fun show for all ages."

Rhonda's new show is on the same weekend as Kyneton's Daffodil Festival. "The Festival brings a huge influx to Kyneton, which is great, and even though the show is only a couple of kilometres away, I don't want people in areas like Woodend to miss out on the good seats, so I urge anyone who wants to join us for a special night to get tickets early," said Rhonda.

**Info/Tickets- Kyneton Town Hall -1300 888 802; Macedon Ranges Shire Offices or website. Performance- Friday September 8 at 8pm.**

By Richard Fitzgerald



### How a dozen eggs can make a child smile

The Rotary club of Woodend meets every Thursday evening at the Vic Hotel. One of our weekly activities is the egg auction, where a dozen eggs are auctioned. It's a lot of fun and bidding is hectic, especially as all bids are retained. However, there is a serious side to this. 'All raised monies are used to fund cleft palate operations in Bangladesh. Operation Cleft is a unique Rotary project that provides free cleft repair surgery for underprivileged children in Bangladesh. At present, thousands of children grow to adulthood with this condition untreated,' said Tony Waters, director of International activities for Rotary Woodend. 'Our weekly egg auctions raised over \$3000 last year and that meant that our local club raised enough funds for 10 operations. Along with Rotary clubs throughout our region, we are looking to make a real difference in peoples' lives'



Local rotary members enjoy the fun of the weekly egg auction.

### New members welcomed into the club

This month saw Rotary Woodend induct two new members. 'We are delighted to welcome Trisha Hartshorn and Melissa Hocking into our club this month,' said Peter Wilmott Club president.

'We've had a great level of interest lately in the club and the local activities we are conducting. I think that when people come along to join one of our meetings they are surprised at the relaxed, informal atmosphere. We're very light on formal ceremony and very big on promoting a social spirit, based on our community programs. Whether it's helping with the folding of The New Woodend Star, painting the clock tower or planning for the Halloween children's party, there's always plenty going on.'

***If you are interested in getting more information about Rotary Woodend, or would like to come to a couple of club meetings to see if it's for you, then please contact Membership co-coordinator, Mike Hamer on 0411549432.***



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## Interiors on the move ...

With an increasingly busy decorating schedule, Georgina Rowe from Interiors of Woodend is moving from a shopfront to allow for more personalised services to clients.

"The decorating and design side of my business has expanded enormously, making it more difficult to manage the retail shop. Having the flexibility to work closely with clients is an exciting new development and I'm looking forward to consulting in the client's home or at my Gisborne studio," she said.

To ensure a successful move, Georgina is having a final 5-day sale in her Woodend shop at 4A Collier Street, from August 29 to September 2. "Thank you to my fantastic clients, not only from Woodend, but from the surrounding Macedon Ranges area, Kyneton and beyond – I've really enjoyed meeting and helping everyone over the past two years. I look forward to more new and exciting design projects with you!"

Submitted by G. Rowe.

## An Inspiration!

Ella Byass, a student at Woodend Art Group, has been selected as one of 20 finalists from 2000 entrants in the Art Gallery of NSW's Young Archie Competition.

Ella completed a portrait of her brother Harry during a workshop by Daniel Butterworth (also a finalist in the Archibald).

The year 9 student's portrait of her brother is on exhibit in the Art Gallery of NSW until October. Ella and her family will head to Sydney in September to visit the gallery and hear the final judging.

Ella has been attending art classes in WAG's Folio Club for more than five years with tutor Jennifer Barnett and continues her instruction now under Tim Jones (another award-winning tutor at WAG). Well done Ella.

### About Woodend Art Group

For students, The Folio Club runs after school, on Tuesdays, Wednesdays and Thursdays. Daniel Butterworth teaches on Thursdays and continues to inspire and motivate his students to greater heights and challenges. Bookings are now open for term four with Daniel.

Printmaking with Marysia is on Fridays, 9:30 to 12:30. Come along to see the wonderful work that happens under her tuition.

All our members are working hard preparing their entries for our major art exhibition in November. This exhibition is judged and offers great prizes. Mark it down in your diary: November 3–6. A wonderful opportunity to purchase excellent art work.

For further information on all our classes and events please ring Di Fitt on 0488 627 448 or email [president@woodendartgroup.org.au](mailto:president@woodendartgroup.org.au).

By Di Fitt 0488 627 448



## interiors of woodend *we are on the move ...*

Due to a very large volume of design work we will be moving to a home studio. This will enable flexibility to work with clients at any time of the day at their home or workplace.

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## Cupcake Day at Tylden Primary School

Recently, Tylden Primary School raised \$328 for the RSPCA's Cupcake Day. The money will be spent on food and shelter for more homeless animals. We have lots of rescue animals and we want to help more animals get good homes like ours.

We were driving home one night and we heard an ad on the radio advertising Cupcake Day. We asked Mum if we could do it at school and she said she would help us. Then we asked some friends to help us cook all the cupcakes. Our helpers were Caillee Sheppard, Imogen Fisher, Tahlia Broomhall and Renae Osmond. We sold more than 120 cupcakes. Everyone was very excited about such a yummy way to help animals.

We can't wait to do it again next year!!!

Pictured above, L to R – Renae Osmond, Tahlia Broomhall, Imogen Fisher, Eloise Carden, Henrietta Carden and Caillee Sheppard serving cupcakes at Tylden Primary School.

By Henrietta and Eloise Carden

 Read us on issuu

## Hesket Community Fire Safety meet + greet

Residents in and around Hesket Kerrie are invited to a Community Meeting and BBQ

Discuss how the Hesket Kerrie community and agencies can work together on bushfire planning. Learn how bushfires are predicted in the Hesket Kerrie/Mount Macedon area using Phoenix Rapidfire (computer modelling)

Sunday 10 September 2017 11.00 am- 1.00 pm at Hesket Kerrie Fire Station, Corner Romsey Road and Kings Lane. Bring your neighbour- everyone is welcome!

By Jacky Kelly

## There's a party in the park, would you like to come?

Kyneton Music Festival 2016 will take place in the picturesque surrounds of its new location, St Pauls Park on Piper Street. The festival will feature GOLDEN SOUNDS – a hand picked selection of artists from the Goldfields region, intimate shows next door at Kyneton's music venue, Major Tom's, as well as the historic Bluestone Theatre.

Not only will people get to enjoy the warm welcome of Kyneton they can also visit local attractions under the friendly wing of the festival, while being entertained by the music and festival atmosphere.

Saturday pass adult \$70, youth \$30 under 12 free. Bluestone Theatre Friday night shows \$20

The Kyneton Music Festival is one jam packed fun weekend of music! Please visit [kynetonmusicfestival.com.au](http://kynetonmusicfestival.com.au) for more information, tickets and updates.



## TGC's WINTER CHECKLIST



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- ☐ Property clean ups
- ☐ Mowing + brush cutting
- ☐ Winter pruning + mulching
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## When Heroes + Villains Unite!

Woodend Playgroup's 2017 Trivia Night was a night worth celebrating! Professional MC's, 45 incredible silent auction items, a live auction by Rhys Nuttall (a.k.a Robin) from RT Edgar Macedon Ranges and too many fabulous costumes to count.

But the cherry-on-top was the funds raised. Woodend Playgroup calculated a net profit of approximately \$4,000 from the ticket sales, bar sales, raffle, live and silent auction.

The funds will go towards building a new, safe and compliant sensory decking area for the outside play space at Woodend Playgroup's Forest Street facility.

Woodend Playgroup would like to thank the many Macedon Ranges businesses for their generous support of the event:

**Submitted by Helen Edwards**

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## A star-studded line-up at Duneira this spring season

Look no further than Duneira Mt Macedon for beautiful artwork, erudite conversations, good company and movie stars. Of course, the wonderful garden is about to burst into spring colour, providing lots of opportunities to wander and reflect.

Father's Day events (Sunday September 3) include Bryan Dawe speaking on his travels and love affair with Morocco, and talented Woodend artist Mary Larnach-Jones on her long history with Corfu! Together we can dream of far-off, exotic (and warm) places in these two very interesting presentations.

Book now for events in October before you miss out. Julian Burnside QC AO will join us in conversation about important topics such as the arts, global warming and human rights. An On-the-Couch session with actor David Wenham is not to be missed – tickets are selling quickly for this event.

Michael McCoy of Dream Gardens returns for a look at his Top 10 Gardens of the world, followed by a garden tour of the magnificent Duneira gardens.

A beautiful concert of Czech masterpieces by the Streeton Piano Trio will delight lovers of the piano trio repertoire. September sees our free lunchtime concerts return and bookings are essential!

All events are easily booked online through [www.duneira.com.au](http://www.duneira.com.au)

*Submitted by I. O'Duffy, Duneira*

## Bryan Dawe @ Duneira "A Tangier Affair"

The multitalented Bryan Dawe talks about his travels and love affair with Morocco and his exhibition of images of Tangier.



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I'm heading off for a month's holiday . . . so can you please pop in and visit Mick, Liam, Angus, Hank, Pippa and Bill and check that they are all getting on and keeping the store organized and neat!

And to keep those hungry egg laying chooks happy we have 20kg layer pellets only \$13.50 . . .  
Plus September deals on Calm Performer and Hygain All Rounder.

All your Lawn Seed and Pasture Seed have arrived so now is the time to start sowing . . .

See you in Spring, Fee.

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## KNITTERS UNITE!

We had a wonderful response to our request last month for wool and knitters to help with our Trauma Teddy campaign - so good we're doing it again!

So, any 8-ply wool or acrylic(non-fluffy) donations can be dropped off at Mort & Pestle in the 19th Hole Centre, and any knitters can call me (as below) for patterns and heartfelt appreciation!

They are not complex, and the result is really valued by those who need comfort after all sorts of sad and terrible experiences.

We are fortunate to have Medi bank as one of our Community Preparedness Corporate Partners. They support Red Cross Australia when needed to provide funding for relief centres etc.

Part of our activities with them are the presentations and workshops we conduct with Trauma Teddy making by the staff. They love to be involved - first time with a needle for some of them - and learn a lot about how our volunteers contribute while they are stitching away!

Maybe you work for an organisation which would be interested?

Call me if I can send you a pattern, or help with wool, or even ask about a membership. We meet at

the Woodend Bowling Club on the first Thursday of each month at 1.30pm.

**Robyn Grant for Woodend Red Cross**

**0407 049 190**



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## Kyneton Horticultural Spring Flower Show

The Kyneton Horticultural Society is once again hosting its popular annual Spring Flower Show.

This is a must-see event for any gardening enthusiast as part of the successful Kyneton Daffodil Festival. The flower show attracts many people and is one of the largest in regional Victoria.

Displaying a wide variety of flowers, potted plants, floral art, cactus and succulents covering 164 categories there is bound to have something that will capture your imagination! There is even a children's section.

The flower show runs over two days: Saturday, September 2 from 1pm to 5pm and Sunday 3 from 10am to 4.30pm and is held at the Watts Pavilion, Mollison Street, Kyneton Showgrounds, Kyneton.

The official opening will be launched by the King and Queen of the Daffodil Festival at 3pm on Saturday.

A plant stall is offered and there is also Devonshire teas.

*For all show entries please contact the Show Secretary, Arnold Jenkins on 5422 6449 or 0407 844 220. All other enquiries contact the President, Nicholas Scott on 0438 664 849. Be a part of its budding success!*

By Nicholas Scott

## What's on @ Woodend Library in September?

### School Holidays

Our spring program is out and includes lots of activities for the next School holidays. For more information and bookings, visit: [www.ncgrl.vic.gov.au/holidayprogram](http://www.ncgrl.vic.gov.au/holidayprogram)

### eLibrary

Have you explored the range of eLibrary resources we have available on our website? Are you interested in updating your computer skills? Or finding out about something new?

Lynda.com is a leading online learning company that helps anyone learn business, software, technology and creative skills to achieve personal and professional goals.

Gain free access to thousands of online tutorials covering a range of topics including 3D and animation, business, CAD, design, developer, education and eLearning, IT, marketing, photography, video and web. [thecomputerschool.net](http://thecomputerschool.net) training directory contains thousands of comprehensive technology training tutorials, with more continually being added.

Library members can access Lynda.com and the Computer School for free - you just need your library card to log in [www.ncgrl.vic.gov.au/elearning](http://www.ncgrl.vic.gov.au/elearning).

We have our own IT Help sessions each week - book in by phoning the Library 5427 2074 if you want help with your iPad, setting up email or searching the internet.

By Lulu



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\*Special offer until fathers day for appointments in September, 2017



# Luncheon success for Woodend Rotary



## GET YOUR EVENT LISTED ON OUR CALENDAR:

Just send the details to  
content@newwoodendstar.org.au

### — September —

- 2 Spring Flower Show, Kyneton
- 3 Father's Day
- 3 World Suicide Prevention Day
- 3 Intl Plastic Bag Free Day
- 3 Carlsruhe Wine and Food Festival
- 3 Duneira, Mary Larnach-Jones
- 3 Duneira, Karen Fitz-Gibbon
- 3 Duneira, Bryan Dawe
- 5 Start Running Program, MRRC
- 8 R U OK? Community lunch
- 8 Abba - Solutely Fabulous, Ktn
- 9 Sue's Sewing class, WNH
- 10 Community Meeting + BBQ Kerrie
- 10 Soundtrack of our Lives, Music in Film, Resonance String
- 17
- 18
- 23+24 Yea Garden Expo

### — October —

- 1 Ktn Garden Club Logo closes
- 7-9 Mt Players, One Act Play
- 11
- 14, 17+24 Mental Health First Aid
- 20+21 Kyneton Music Festival
- 27 Bowls, Battle of Sport Clubs
- 27 Red Cross Big Cake Bake
- 31 Halloween Party Woodend Childrens park

Woodend Rotary was busy again on Sunday August 13 hosting another community fundraising lunch.

Rotarians cooked up a storm of yummy food and amazing sweets for the 60 attendees. Local businesses and individuals were very generous in donating prizes for the raffle and silent auctions.

The funds raised from this luncheon will be donated to the Woodend Neighbourhood House for the purchase of a defibrillator.

Chairperson of the Neighbourhood House Glenda Fisher (pictured above with Rotay President Peter Wilmott) thanked Rotary for organising the luncheon and all those present for attending the event for supporting the fundraising efforts.

This was the 10th year that Woodend Rotary had hosted the fundraising lunch and in this time Rotary has raised over \$26,000 supporting many local projects including a boardmaker program for the library, SES, Landcare, Scouts, and solar panels at Woodend Primary school and the Woodend Playgroup.



els at Woodend Primary school and the Woodend Playgroup,

*If you are looking for a group to join in Woodend so you can make great friends and do good for your community come along to a meeting on Thursday evenings at the Vic Hotel from 6.45pm. Phone Mike Hamer (membership director) on 0411 549 432 to let him know you're coming along.*

By A. May



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September 2017

## **Women's health in midlife free talk**

Community members are invited to join us for a free women's health talk at the Practice on Thursday 21 September, 7.00-8.30pm.

**The focus will be midlife and menopause.**

Topics to be covered include:

- Hormone Replacement Therapy (HRT) and alternative therapies
- Exercise in midlife
- Healthy eating in midlife
- Mood and menopause
- Breast and other checks
- Sex and menopause
- Misconceptions

Our fourth year Monash Medical Students will join Dr Ann-Marie McKinnon, Dr Peter Ferguson, Dietitian Annie Barry, Exercise Physiologist Gemma Bird and Psychologist Bianca Reisman to present information and answer your questions.

We welcome your questions – before and on the night. You can post questions anonymously via our "Contact" page at <http://www.bsmc.net.au/>

You don't need to be a BSMC patient to attend and male partners are welcome too.

**Please contact us to reserve your free place** – phone 5427 1002 or email [cmeade@bsmc.net.au](mailto:cmeade@bsmc.net.au). We'll include some special muffins – see recipe.

## **Welcome new GP Registrars**

We warmly welcome our two new Registrars: Dr James Jia and Dr Simone Stanton Castillo. Both are fully qualified doctors who are now training in the specialty of General Practice.

We welcome them to the Practice where they will work for the next twelve months before undertaking other placements as part of their training program.

## **Children under 16 bulk-billed**

All children under the age of 16 are bulk-billed when they attend for a GP appointment.

**Brooke St. Medical Centre – tel. (03) 5427 1002**

## **Linseed, banana & date muffins**

The below information is from "Jean Hailes for women's health" [www.jeanhailes.org.au](http://www.jeanhailes.org.au)

*Recipe by Sandra Villella - Jean Hailes Naturopath*

### **Ingredients**

12 dessertspoons linseeds  
1 cup chopped dates  
¼ cup boiling water  
1-2 ripe bananas  
60g butter, melted (allowed to cool)  
3 teaspoons of baking powder  
2 eggs, lightly beaten  
½ teaspoon nutmeg

### **Method**

*Preheat oven to 180 degrees. Soak chopped dates in boiling water while preparing the rest of the recipe. Grind linseeds in an electric seed/spice grinder or coffee grinder until it is a fine meal. Prepare muffin tins with baking paper. Use a fork to mash bananas in a mixing bowl. Add nutmeg and combine well. Mix through the date mixture and cooled melted butter. Fold through the linseeds and baking powder followed by the eggs. Spoon even amounts of the mixture into prepared muffin tins, starting with about 2 heaped dessertspoons in each. Bake in the oven for 25 minutes. Remove from tin when cooked and cool slightly on a rack. Delicious eaten while warm!*

### **Nutritional information**

*Linseeds (also known as flaxseeds) contain lignans, which are a type of phytoestrogens (plant oestrogens). Linseeds also are a rich plant source of omega-3 fatty acids and are high in soluble fibre. Some people use flaxseed oil in their diet; however, flaxseed oil does not contain phytoestrogens.*

*When a woman's oestrogen is low, vaginal dryness can occur. This can happen to women both before and after menopause, during breastfeeding and as a side effect of some medications. Two daily dessertspoons of linseeds (the amount found in one muffin) can help with vaginal dryness. The muffins are also high in fibre and gluten free.*

**After hours GP Helpline - tel. 1800 022 222**



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## Communication in Play

Speech Pathology Australia estimates that over 1.1 million Australians, around five percent of the population, have a Communication Disorder.

On Saturday August 26, to coincide with 2017 National Speech Pathology Week, Woodend Paediatric Speech Pathology Services (WSPSP), in conjunction with the Macedon Ranges Autism Network (MRAN), launched "Communication in Play", a project that created aided language display boards at the Woodend Children's Park.

The project is based on a 2007 Queensland Government project, involving visual communication tools that reflect true 'playground talk' using an aided language stimulation approach.

Communication boards depicting ideas through symbols were developed to support interaction during playground experiences. These boards have been erected at the playground to encourage individuals who have communication difficulties to share their playground experiences and to communicate their thoughts and needs.

The theme for Speech Pathology Week this year is Communication Access: Everyone gets the message. "Communication Access is about creating a world where people with communication difficulties can communicate successfully with everyone, a world where everyone gets the message. (Speech Pathology Australia, 2017).

Several years ago, Rhonda Hill, speech pathologist at WSPSP, saw a need to develop symbol communication displays within local community spaces across the Macedon Ranges. While researching this idea, she came across information about the QLD project. After discussion with the project manager, permission was gained to duplicate the program within the Macedon Ranges.

Families involved with WSPSP assisted Rhonda in editing the boards and modifying some of the vocabulary and picture symbols to suit the needs of their children and the local community.

Fiona Le Nepveu, coordinator of the MRAN, accessed a grant from the Macedon Ranges Shire Council Places for People Program to cover the cost of constructing the six boards at Macedon Ranges Signs.

Five boards relating to active, sensory, pretend, and creative play and to picnics have been created. Another larger board displays symbols and key word signing, explaining how to communicate using Auslan (Australian Sign Language).

You can access pdf copies of the communication boards from [www.woodendspeech.com.au](http://www.woodendspeech.com.au) or [www.mran.com.au](http://www.mran.com.au)

By Rhonda Hill

Woodend Paediatric Speech Pathology

See advert to left

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100

AND THOUSANDS  
LITTLE PEOPLE PICNIC

Hundreds of babies born.  
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Enjoy a bumper picnic morning tea. There'll be face painting and story time. Take a tour of Kyneton Hospital's modern maternity suites. Find out about local services that support little people and their parents.

### WHEN & WHERE

Friday 15 September, 2017  
9:30-11:30am

Kyneton District Health  
Community Garden

We'll also launch the  
**KDH 100 Faces** campaign.  
Stay tuned!



## Connect, share and grow your business over morning tea

Run a small business in the shire? Looking to meet other owner/operators and grow your network?

Macedon Ranges Shire Council and Macedon Ranges Business Connect are inviting local businesses to attend a networking morning tea on Tuesday 12 September in Romsey.

This is an opportunity for small business owners to learn from others, share ideas to improve and grow their business, and promote their services to other like-minded residents in a relaxed setting.

Council's Mayor, Cr Jennifer Anderson said these events were designed to help local business owners connect, and find out more about other services in the shire.

"I'd encourage business owners to come along and take this opportunity to meet with others and network locally," she said.

The business networking morning tea will be held at Verdure Bistro, 106A Main Road, Romsey from 9.30am-11am. The event is free for members of Macedon Ranges Business Connect and \$20 for others.

Bookings are essential.

By G. Gamble for M.R.S.C.

## Employees on Working Holiday Visas

### Consider Brent and Jane's case

Brent and Jane have recently purchased a winery in the Macedon Ranges. They are concerned about their obligations pertaining to new employees on working holiday Visas during picking season.

After speaking with their accountant they are aware of the need to complete a Special Withholding Form for non-resident employees. This enables them to withhold tax at 15% for the first \$37,000 of income earned by each employee. If any employees earn over \$37,000 tax would need to be withheld at ordinary rates.

Superannuation is required to be paid for all eligible employees, as such Brent and Jane need to ensure their new employees have superannuation paid at 9.5% on gross earnings. Foreign employees may apply to the ATO to release their superannuation (less tax) after departing Australia.

Brent and Jane should also consider whether their current WorkCover insurance covers the new employees.

Should you wish to discuss your payroll needs please feel free to contact Andrew Marshall or Janine Orpwood on 5427 8100 for an initial consultation.

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## Last term, new activities

We've heaps of new and free activities for the last term of 2017. Check out our brochure in this edition and give something new a try! You can enrol online, in person at the House or call us 5427 1845.



community lunches have been a sell-out.

### Teens get ready for your summer job

Are you looking to get a job this summer? Lifeguard at the pool, working in a bar, restaurant or a café? This term break we're offering accredited certificates in First aid (age 14+), Food Hygiene/Food handling (Age 16+) and Responsible Service of Alcohol (age 17+). Classes will run during the day between 2-5 October. All details on our website. Tell your mates!

### Thank you

The Committee would like to thank everyone who attended the Rotary fundraising lunch on August 13. It was a great event which raised just over \$3,000 for a defibrillator for Woodend Neighbourhood House. A very special thank you to Rotary for choosing the House as the beneficiary of their community fundraiser for 2017.

Submitted by Angela Van Dam Coordinator

### Can you help spread the word?

If you know someone would like some help with their English please let them know we'll be running classes in 2018 and are collecting names now.

### R U OK?

Next week, Friday 8 September at 12pm, we'll be asking R U OK? at our community lunch. We've collaborated with the RSL and the lunch will take place at their venue at 32 Anslow Street. If you can't make lunch, drop in anytime between 11am and 4pm for a cuppa. Teams from local service providers will be around through the day highlighting support services and ways to connect in Woodend. Lunch tickets are \$5

Check in with a friend and pick up a ticket for them too; the more the merrier. Tickets are essential as our past two

## Macedon Ranges Health to launch new mental health and wellbeing hub

Improving mental health and wellbeing are an urgent priority for the Macedon Ranges. As a result, Macedon Ranges Health (mrh) will be opening a new mental health & wellbeing hub at the MRH centre in Lyell Street, Gisborne. The new hub will comprise four new consulting rooms and a meeting space to expand the delivery of counselling, psychology, social work and family violence programs offered in the centre. The hub will also support the delivery of workshops, classes and community programs to support better mental health and social inclusion across the region.

Gisborne & district Community Bank\* branch of Bendigo bank has donated \$40,000 towards the new mental health & wellbeing hub. Chairman Graham Stewart said the significant community investment reflects the importance of the project to our community. "Individual wellbeing is vital for the wellbeing and success of our community as a whole. We are privileged to be able to contribute to this health sector by supporting our local community health provider, Macedon Ranges Health, in delivering additional mental health and wellbeing services to our area," he added.

MRH values the ongoing support provided to the organisation by Bendigo Bank. In November 2015 MRH received the keys to a brand-new Toyota Commuter bus also donated by Bendigo Bank. The bus is used to transport residents and clients from MRHs Gisborne Oaks and community programs.

Don Tidbury, CEO of Macedon Ranges Health, said, "with mental health being a major issue for the region, the Bendigo Bank's wonderful donation of \$40,000 towards the new mental health & wellbeing hub will enable MRH to expand services to address this urgent challenge. We are very grateful for the ongoing generous support they have provided to assist MRH to support the vulnerable and the aged in our community."

Works will commence on the \$80,000 project in August with the new hub expected to open in October. A special community event will launch the mental health & wellness hub in November.

Macedon Ranges Health is a local community owned, independent, 'not for profit' health and aged care provider that delivers an extensive range of primary health care, home care and residential aged care services.

For further information contact Kelly Milne - community engagement manager [kelly.milne@mrh.org.au](mailto:kelly.milne@mrh.org.au) or 5428 0300



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The New  
**WoodendStar**

By the community, for the community



a message from  
Cr. Jenn Anderson

Spring is almost here, and the Macedon Ranges are beginning to bloom.

*The blossom is forming, bulbs are shooting and the warming weather means we can all spend more time outdoors in our parks and gardens, enjoying being active.*

*Longer daylight hours and better weather also assists in our mental health and wellbeing.*

August was a busy month for Council. We undertook community consultation in six areas: outdoor dining and smoking; use of land in the Farming Zone; our visitor economy master plan for the next 10 years; Nature strip policy possibilities; Occasional care services; and a Browning Street Woodend Conservation reserve action plan. Thank you to all who submitted or responded to our online surveys. Submissions can still be made to the Leisure Strategy until September 11 on priorities for our leisure time, and how we can maintain the assets required, or build new facilities to cater for them. The Hanging Rock Draft Master Plan is also out for comment.

### Check out the new format of our website too, launched in August.

Please provide us with feedback, both good and bad, to help us to continue to improve the way in which we communicate with you. I hope to be on my bicycle more now that the mornings are getting lighter and warmer. See you around Woodend and the rest of the Shire, including the Kyneton Daffodil and Arts Festival, August 31 to September 10.

Best wishes, Jenn

## Volunteering made easy

Have you ever considered volunteering in our community but don't quite know where to start? Free advice and guidance on open volunteer roles across the Macedon Ranges is now available every first and third Monday of the month from 11.00am to 1.00pm at the Woodend library.



Hosted by Cobaw Community Health's Central Victorian Volunteer Service, the space will enable interested community members to drop in and find out about various opportunities to volunteer across a wide range of community groups and organisations. The service will provide locals with no obligation information about volunteering, open roles and can assist people to apply for roles on the spot.

Volunteering in our community not only benefits the organisation you're helping, but is a great way to make new friends, learn new skills and feel truly connected.

The service will launch on Monday 4 September and no appointments need to be made - just head in and someone will be there to answer any questions you may have.

**Goldfields Library Woodend, Cnr Forest Road & High Street Woodend, every 1st & 3rd Monday of the month. For further information, call 5421 1666 or visit [volunteering.cobaw.org.au](http://volunteering.cobaw.org.au)**

Submitted by Cobaw Community Health.

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## Draft Hanging Rock Master Plan Options Paper

The Macedon Ranges and wider community are encouraged to view the new draft Hanging Rock Master Plan Options Paper and provide feedback about the future layout and events at this historically and culturally significant Victorian landmark.

The draft Hanging Rock Master Plan Options Paper will go on display for public comment on Monday 14 August.

It outlines a range of possible activities and upgrades to the Hanging Rock precinct including a new visitor centre, new café and changes to the location of the entry. Other options include upgrades to trails, environmental improvements, improved parking, sport facility options and event opportunities.

The draft Hanging Rock Master Plan Options is a tool to let the community have input into what actions and activities they would like to see at Hanging Rock in the future. It was developed following community consultation in late 2016.

The Options Paper can be viewed online at [mrsc.vic.gov.au/yoursay](http://mrsc.vic.gov.au/yoursay) or at Macedon Ranges Shire Council's office at 40 Robertson Street, Gisborne. Submissions can be made online or by writing.

There will be a community forum about the Options Paper in late August or early September.

People have until Friday 15 September to provide feedback on the options paper. This feedback will be collated, reviewed and will guide the final Hanging Rock Master Plan, which will be finalised by the end of the year.

By T Tyler

## Budding artists required



### A once in a lifetime opportunity arises from the Kyneton Horticultural Society

After 123 years, Kyneton's garden club needs a new logo. The theme is to represent a relaxed impression for a collective of gardening enthusiasts.

Entries are open to all ages to capture the spirit of the club which meets once a month and hosts two flower shows each year.

The competition will run from 1st August until 1st October 2017 and the winning entry receives \$200.

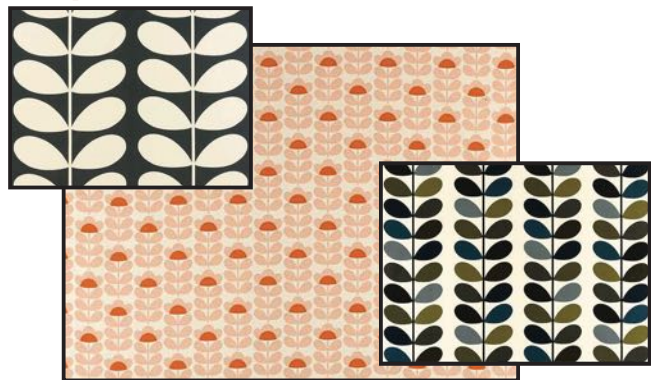
This is a great opportunity to make your mark on one of Kyneton's longest running and friendly societies. Please send your submission with your name and contact details to: Nicholas Scott Kyneton Horticultural Society Logo Competition, P O Box 686, Kyneton 3444.

By N Scott

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MACEDON RANGES WINE BUYERS GUIDE  
Patrick Eckle's  
**Wine review**

The days are getting longer and the warmth of the sun is starting to thaw the landscape and people of Woodend! It is for this reason that a couple of Chardonnay's are the focus of this month's tasting. As a variety, Chardonnay can provide wines that range from deeply textural, worked and complex to those that are aromatic and fresh. The former represents the wine that supports the dying days of winter and the latter a vibrant expression of what is to come with spring and summer just around the corner!

### 2016 Gisborne Peak Chardonnay

A lightly oaked earlier drinking Chardonnay that sourced from the Mawarra Vineyard, it's a moderate 12.2 % alcohol and highlights the pristine fruit of the Macedon Ranges.

The nose gives nectarine that's backed by understated fig and a touch of citrus zest, the palate has good texture with ample acidity to carry the wines fuller stone fruits. There is an almond meal richness that adds another layer on the mid palate before the finish sees a return of nectarine with a honeyed edge and driving citrus acidity. A wine to be enjoyed over the short to medium term. Rated 89 | Drink 2017-2023 | Price \$29 | [www.gisbornepeakwines.com.au](http://www.gisbornepeakwines.com.au)

### 2015 Heskett Estate Chardonnay

Heskett Estate are a small producer nestled in the heart of the Macedon Ranges with a beautiful vineyard site and unwavering focus on viticultural excellence.

The wine gives a lightly golden yellow in the glass, with the nose giving worked lees and barrel induced richness to stone fruits and the faintest touch of corn.

The palate has an almond meal like note with touches of flint to plush white peach and melon fruit. The acidity is well handled and gives focus and drive whilst also keeping the wines richer components in balance. The finish is generous and lingers with white peach and flashes of brioche.

Rated 91 | Drink 2017-2023 | Price \$45 | [www.heskettestate.com.au](http://www.heskettestate.com.au)

By Patrick Eckle | 0422 806 484 | [peckel@winereviewer.com.au](mailto:peckel@winereviewer.com.au)

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## Lazerlips win Macedon Ranges heat of Battle of the Bands

Macedon punk rockers Lazerlips will perform at the FReeZA Push Start's annual Battle of the Bands Regional Finals later this year after winning the Macedon Ranges heat at the weekend.

The four-piece comprised of William Pain, Toby Orlando, Jamie Walsh and Luke Pender, performed in front of an enthusiastic crowd at Kyneton Town Hall on Saturday 5 August, with the band Osiris announced as runners-up.

Lazerlips guitarist and vocalist Luke Pender, from Macedon said the experience was unforgettable.

"It was astonishing and heart-warming to win," he said.

"I just wrote these songs in my room for people to enjoy, so it is a big thing."

"We've got the regional finals coming up ... in between now and then we're hoping to play as much as possible to get tighter," Luke said.

The competition highlighted a diverse range of local bands and songwriters, with performances from Maddie Bell, The Passion of Joan of Arc, Tim Allan, The Ghost in the Machine and Mount Alexander Shire heat winner Maya Pearson.

Council would like to congratulate each of the entrants in the Macedon Ranges heat of Battle of the Bands on their positive achievement, and wish Lazerlips the best of luck in the forthcoming regional finals.

By G. Gamble for M.R.S.C.

## BASKETBALL HITTING HIGHS AS SUMMER COMPS LOOM

Basketball in Woodend continues to go from strength to strength with a record 22 junior Woodend Hawks teams playing in the Sunbury basketball competition over winter.

That's around 180 players travelling down the Calder and hitting the boards every weekend... Good luck to those teams playing in Grand Finals on September 9, and don't forget the Hawks Presentation Day on September 10!



We'd like to take this opportunity to recognise and congratulate some of our local rising stars:

- Elsie Noonan who helped Hawthorn take out the U12 National Junior Classic
- Kasey Ward, Grace Cooper and Lana Andrews who won Grand Finals with Sunbury Jets at the Ballarat Basketball Tournament
- the eleven Under 14 players selected to take part in Basketball Victoria Country's Academy program – Millie Andrews, Cara Beattie, Josh Brown, Erin Condrón, Molly Garrahan, Jemima Manning-Wilcox, Loga Siu, Xavier Tadd, Anna Tatton, Lauren Trakosas and Beyonce Wigg
- the three Under 12 players selected to attend BVC's Under 12 Jamboree in Echuca in September – Elsie Noonan, Tadhg Condrón and Fletcher Cooper.

The Summer Season is fast approaching and basketball will soon really hot up at Buffalo Stadium. Beginners are always welcome. Starting in October, we'll be offering:

- Aussie Hoops for 5-10yos (call Fiona on 0418 571 285)
- Primary comp for players in Grades 4, 5 & 6 (contact Jo on 0405 320 773)
- Secondary comp for players in Years 7, 8 & 9 (contact Jo on 0405 320 773)
- Open Men's Competition (call Justin 0478 125 929)

We'd also love to hear from women, experienced older girls, and secondary boys in years 10, 11 and 12 who would like to play locally. If there's enough interest we will try and set up competitions for them. Send expressions of interest to [mail@mrba.org.au](mailto:mail@mrba.org.au).

Visit [www.mrba.net.au](http://www.mrba.net.au) for more information about all that's on offer from the Macedon Ranges Basketball Association here in Woodend.

By N. Cooper



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## U3A Gisborne

Spring is Sprung, as the poet said - or maybe he wasn't a real poet! Anyway, the days are getting lighter, the grass is growing faster, there is occasional sunshine, the daffodils are blooming - all the signs are there. Which also means that we are nearing the end of term.

There are only three weeks left in this term, with three interesting speakers for our morning sessions:

Monday September 4, Jenny Lonergan, founder and guiding light of the group called It Takes a Village Compassionate Communities Inc. ITAV is a not-for-profit charitable community organisation providing and building capacity, throughout communities in the Macedon Ranges both in the support (resources & services) of community members who are aged or have life-limiting or terminal illness and their families. Jenny can tell us about how her group helps to make links between people and the services they need, as in older times, in smaller living places we used to do more readily.

Monday September 11, Bob Nixon, very well-known in the area as a financial planner, and as co-proprietor of Gisborne Peak Winery. Bob wants to dispel the myths of aged care financial management. He tells me he has some real examples of how people have been able to get into quality aged care without having to "sell off the family farm".

Monday September 18, Stephen Carisbrooke, one of our members. Stephen was a solicitor for over 30 years, practicing in criminal law. He has some interesting stories to tell, from both sides of the fence.

That's our last session for 3rd term. Back to Uni on Monday October 2nd, with a whole new range of speakers, and one big surprise. No, I'm not saying what it is - I said surprise, didn't I?!

Meanwhile, BYO lunch (tea or coffee provided) and stay on for the p.m. session of talk and discussions, where all ideas are welcome. You will still be home in plenty of time for a nap (or not?).

*We are at the old Senior Citizens' rooms, around the corner from the Westpac Bank*

*Contact Malcolm, our President, on 5426 2331 for further information.*

By Jo Clancy

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## The Mount Players

### 'Let it Go' in The Full Monty

The Mount Players production of 'The Full Monty' opened its season on Friday 18th August to a packed house and has entertained full houses since!!

With an incredibly talented cast, fabulous orchestra and a witty script it is little wonder this show is enjoying such success. If you haven't seen it there may be a few stray tickets left ..... but by the time this article is published it may well be too late.... but please try all the same! For bookings go to our website [www.themount-players.com](http://www.themount-players.com).

The last production for 2017 is a Noel Howard classic, 'Present Laughter' which has now been cast and in rehearsal. Director, Andrew Meldrum (a true Noel Coward fan) directed a previous Howard classic 'Private Lives' in 2013 which enjoyed a very successful season so we look forward to this wonderful comedy to wind up another memorable year.

By Karen Hunt



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## Spring Cycling Skills Workshops

### Cycling skills workshops for new or returning road cyclists.

Cycling skill workshops specifically catering for new or returning road riders no matter whether you ride a mountain bike, hybrid or road bike. In particular we encourage women who would like to learn to ride, or adults with their children. Unfortunately we cannot cater for children on their own at this stage. Run by the Macedon Ranges Cycling Club (MRCC) and supported by Cycling Victoria.

The 8 week program will run from Saturday 2 September to Saturday 21 October 2017. Workshops start at 9.00am (arrive 8.50am to allow for 9.00 start). Participants are also invited to join the MRCC for an introductory club ride from Woodend Sunday 29 October.

Workshops will include skill building activities, rides, information sessions and demonstrations. To encourage safe and confident cycling with friends on our local roads is the goal. We will be honing new skills and enjoying the landscape together.

People of all ages and abilities are welcome, experienced cyclists will be there to assist. We are all about encouraging cycling and having fun.

## How far sighted was Captain James Cook?

This and lots more will be answered on Thursday 14th September when ADFAS CV presents their first Spring lecture titled 'To the Far side of the World: Captain James Cook and the Enlightenment'.

The lecture will focus on the artistic and cultural appreciation of the three remarkable voyages of Cook and their impact on the Age of Enlightenment. Cook was well ahead of this time and took with him artists whose drawings and paintings changed the European view of the world and its attitudes toward the 'noble savage,' as epitomised by Polynesian, Maori and Aboriginal cultures.

Guest Lecturer, Peter Warwick is an economist, historian and is steeped in the traditions of the sailing navy of the Georgian era. But not just the history. Warwick is a trustee of the Queen's Barge and has organised Thames' pageants and celebrations of Trafalgar, keeping the Thames alive in present-day London.

The lecture will be held at the Kyneton Town Hall, 129 Mollison St., Kyneton, 7.00 for 7.30pm start. Non-member entry is \$30 cash payable on the night and this includes supper and a glass of wine. Enquiries: Nicky Peters (03) 0400 958 449.

### August lecture update

Members were treated to a jam-packed lecture by the delightful Andrew Spira who regaled us with an illustrated history of how the Industrial Revolution began in Britain. He focused primarily on how industrialisation marked a shift to increasingly steam powered, special-purpose machinery in factories that led to the mass production in the decorative arts.

Submitted by Nicky Peters ADFAS CV

## Get off the side-lines

### and into one of our Term 4 sports programs!

Come along to Kyneton Toyota Sports & Aquatic Centre and register your interest in one of our Term 4 senior sports programs.

Our mixed netball and men's basketball season kicks off on Wednesday 11 October, with games played from 7pm.

The cost is \$54 per team per week, plus a one-off registration fee of \$18 per player.

Register as a team or individual.

To find out more or express your interest call 5421 1477 or email [ksacrec@mrsc.vic.gov.au](mailto:ksacrec@mrsc.vic.gov.au)

For more information on new season programs at our sporting facilities, visit [mrsc.vic.gov.au/leisure](http://mrsc.vic.gov.au/leisure).

Submitted by A.Middlemast for Macedon Ranges Shire Council



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# Battle of the Woodend Sports Clubs ...

**under lights, Friday October 27 - you are invited to enter a team!**

As part of our Play Bowls Month, the Woodend Bowling Club is organising a special Battle of the Woodend Sports Clubs.

We are inviting all our local sports clubs to enter, and play a social round robin event to see which is best club at bowls in Woodend. All you have to do is organise a Team of four and we will supply everything else ... the bowls, opponents and even a sausage sizzle. Plus, you will be able to enjoy our bar facilities at famous low Crackerjack bowls club prices!

Bowls is an easy game to pick-up if you have never played before, and perfect for players of all ages, genders and abilities. So, pick a mixed team if you wish. Depending on the number of entries, you may be able to enter more than one team. And your supporters and spectators are more than welcome to come and cheer you along.

It will be played under lights on Friday October 27, 2017 from 6pm to 9pm. Please RSVP to Woodend Bowling Club President Mike Dornau (email: [mike@dornau.com.au](mailto:mike@dornau.com.au) or call 0409 093 935) by Friday October 20.

It will be a lot of fun, and it's FREE!

## Play bowls month is coming in October

This year the Woodend Bowling Club is taking part in Bowls Victoria's 'Play Bowls Month', which will include a range of FREE events for our community to come and enjoy during the month of October ... including the above Battle of the Sports Clubs.

Some of the events include:

- Come and Try Coffee and Biscuit Social Bowls on Thursday Mornings
- Friday night Bowls under Lights, including a sausage sizzle
- A Social Saturday afternoon, where Bowling Club members will also be encouraged to bring a friend
- A Sunday social afternoon
- Our annual CFA Day, where the Bowling Club challenges the CFA
- And a special Sunday Open Day, with a range of activities to be organised

And every event is FREE!

We will include more details and dates for each event in next month's The New Woodend Star.

For more information please call our NEW phone number 0448 769 366, visit our website at [www.woodendbowlsclub.weebly.com](http://www.woodendbowlsclub.weebly.com). You can also follow us on Facebook.

Submitted by Mike Dornau, President Woodend Bowling Club

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## Time to start your pre-summer clean up!

NOW is the time to start preparing to reduce the risks of fire danger to you, your family and your property.

The ferocity of a fire depends on several factors, including the weather, ground slope and especially the amount of 'fuel' on and around your house or property.

Fuel is the only factor that you can alter before an unplanned fire starts. Fuel reduction is therefore one of the most important preventions you can undertake, with the most effective methods including mowing, raking, slashing and burning.

Clearing volatile fuels such as grass, undergrowth, fallen leaves, bark, dead branches and twigs will lower the intensity of a fire.

### A tidy house is a safer house

It is also becoming increasingly important to keep the inside of your house clear to reduce the dangers of a house fire.

There have been several major fires in Victoria recently that involved houses that were full of newspapers and bric-a-brac that not only made the fire fight more difficult, they added fuel to the fire and increased the dangers for the occupants.

### Clutter is dangerous

We should all be aware of the dangers of fires 'starting'

inside a house, but clutter is a serious issue regarding a fire 'spreading' inside a house, and increasing the dangers in many ways.

- It creates an environment where a fire can catch more easily ... and potentially cause fatalities
- It adds fuel for the fire to burn more severely
- It makes it more difficult for occupants to safely get out of the house – especially in the dark
- People are therefore putting themselves, their families and their friends in greater danger
- It makes it difficult for fire fighters to move easily into the house to investigate the fire ... and more importantly to undertake search and rescue
- If a house fire is going to burn more severely, it also adds dangers to neighbours and neighbouring houses

Clutter around the outside of a house can be equally dangerous for the same reasons



### Barker Trailers give us a boost!

We recently undertook a rather chilly training session at Barker Trailers to work with their Booster & Hydrant system. Woodend and Newham members attended with Woodend Pumper, T1, Support and FCV. A huge thank you to Scott Barker and the team at Barker Trailers for giving us the chance to hone our skills. Also to the team at neighbouring ELGAS for a similar training session the week prior. It is all part of the extensive training and skills enhancement that our volunteers go through every week of the year ... even on a cold Woodend winter evening! For further information contact Captain Mick Christie on 0419 870 601 or 1st Lieutenant Mike Dornau on 0409 093 935, call the Woodend CFA on 5427 2356, visit the station in Urquhart Street, follow us on Facebook or our website: [www.woodendcfa.org](http://www.woodendcfa.org).

The Woodend CFA is a 100% volunteer emergency service, committed to Creating a Safer Community.

By 1<sup>st</sup> Lieutenant Mike Dornau,

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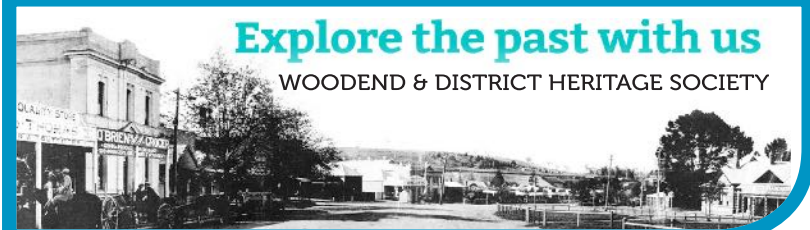
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### A Reminder about the Heritage Walk

Orders are now being taken for 2018. Anyone wishing to dedicate a plaque to their family, group or organisation should contact the Woodend & District Heritage Society by email: woodendheritage@outlook.com or by phone on Wednesdays 54273361



# trades & services



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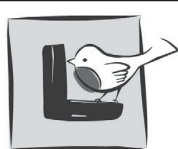
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### HOME MAINTENANCE

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**ah: 5427 2465**

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Red Cross seeks  
volunteer knitters  
+ donations of 8  
ply wool for the  
production of their  
Trauma Teddies



Under 12 girls  
& boys players  
attending the  
recent BVC skills  
day



Carllsruhe CFA  
Wine & Food Festival  
September 3, features  
local produce, arts,  
music and Captain  
Koala!



Tylden Primary  
students raised over  
\$300 for the RSPCA's  
Cupcake day recently.  
Well done girls!



Recently installed,  
these aided language  
display boards at  
Woodend Children's Park  
encourage inclusive play  
and communication



## SACRED HEART COLLEGE KYNETON



**Twilight Open Evening**  
**Thursday 19 October, 4.30pm - 8.30pm**

**Information Session**  
**Learning Area Displays**

**College Tours**    **Year 9 Expo**  
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Discover a range of exciting opportunities at our annual Twilight Open Evening. Find out how Sacred Heart College offers young people a balanced and engaging education, building the foundation for a vibrant life. We invite you to join us on this journey of discovery.

T: 5421 1200  
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