The New Star Woodend Star

Rotary Club of Woodend

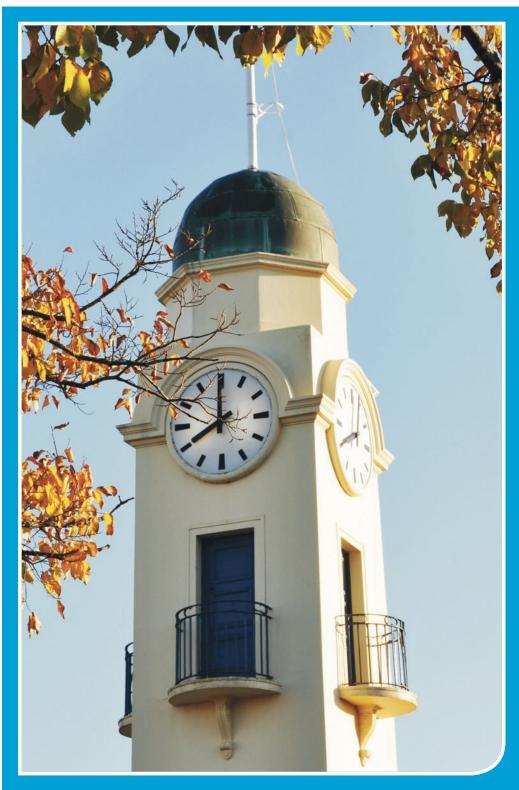
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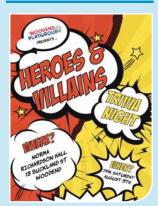






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Member of Community Newspaper Association of Victoria



We need your help!

Woodend RSL's – Women's Auxiliary needs your help desperately to continue their great work. If member numbers don't improve this wonderful legacy will not be able to continue.

The Returned & Services League of Australia (RSL) was founded in 1916 by returning Australian soldiers from World War I to provide the camaraderie, concern and mate-ship shown among diggers during conflict. The purpose is to help past and present defence veterans and their families by offering care, financial assistance and advocacy along with commemorative services that help all Australians remember the fallen. It is not just about ANZAC and Remembrance days it is about every day of the year.

The Women's Auxiliary supports the local RSL by their effortless fund raising, help with catering for Commemorative

Days, special occasions and community events and offer a network for women to meet and support each other.



Anyone can join; you do not need to be related to a Veteran or be a RSL member. As long as you are 18 years old and over, you can donate as much or as little of your time. The Women's Auxiliary is a great way to support and be part of your community as well as meeting new people, attend events and making a difference.

So how can you help?

Please join us. Join us for a cuppa and cake on the first Saturday of every month, 10.30am Woodend RSL Hall, 32 Anslow Street, Woodend or contact Krista (President) 0449 588 887.

Submitted by P. Rayner



If you like what we're all about, why don't you write for The New Woodend Star?

We welcome stories of all types about the local area, so long as it's positive and informative.

Contributions are welcomed from individuals and community groups. Simply send an email with all content, photograph & specific details (times, dates, contact person and details) directly to

content@newwoodendstar.org.au

Articles should be about 260 words, submit by 15th of each

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Woodend's Rain report

Rainfall for June was just 10.6mm for a year to date of 292.8mm. Since records for Woodend

commenced in 1889, the mean June rainfall has been 87.9mm, The previous lowest was in 1969 when we recorded 22.9mm

ſ	Month	2012	2013	2014	2015	2016	2017	av 5
	January	31	3.9	19.2	61.4	35.3	27.8	2976
ŀ	February	133	97.4	11.2	41.6	14.3	26.5	62.56
	March	84	53	49	26	47	23.7	47.11
ľ	April	35.5	20.5	84.1	39.4	36.2	165	63.45
ı	May	54.4	47.2	46	68.7	101.2	38.6	59.35
	June	126.8	147.8	122.3	39.5	98.8	10.6	90.96
ľ	July	102	101.8	79.3	95.3	186.6	1	113
	August	113.7	116.4	32.7	50.7	107		84.1
	September	54.6	85	55.9	44	163.6		80.62
l	October	39	75.6	49.6	12.9	91.8		53.78
	November	31.4	67.2	53	41.3	63.2		53.7
	December	21.4	35.2	36.6	41.7	92.8	1	46.5
	Total mm	826.8	851	627.7	479.5	1037.8	292.2	

Share the Dignity's sanitary drive

Share the Dignity's second sanitary drive is on its way, kicking off on August 1 and running for the full month of August.

The #dignitydrives encourage people to donate and supply sanitary items including pads and tampons for women in need, with the aim of restoring dignity to homeless women during menstruation.

Share the Dignity was founded in 2015 by Rochelle Courtenay after she discovered that thousands of Australian women cannot access sanitary products when they need them. Imagine having your period and not being able to afford tampons or pads? And not just once, but each and every month, sometimes for years. For over 85,000 Australian women and girls this is their reality. Homeless women, women in domestic violence shelters, women & girls in dire poverty, simply can't afford sanitary products, so they improvise – they use paper towels, newspapers, socks even dried leaves to create makeshift sanitary pads. Its traumatic, embarrassing and undignified. And in modern day Australia, unacceptable

Since the first sanitary drive in March 2015, Share the Dignity has grown into a national charity which has collected over 650,000 packets of pads and tampons, from collection points in businesses, schools and other locations all over Australia.

Every item collected is registered, sorted and sent to services that directly support women and girls in need. From a handful of volunteers, there are now over 1000 volunteers throughout Australia working for the cause, collecting from over 2,000 collection points across the country.

These initial #dignitydrives were just the start. At the beginning of 2017, Share the Dignity started its national roll out of our #Pinkbox Dignity Vending Machines. Thirty vending machines distributing free sanitary items to those in need will be installed by the end of July, with a further 20 planned for installation by December 2017.

An Australian first, the #Pinkbox Dignity Vending Machine holds 60 'Period Packs' each containing two



pads and six tampons - enough to manage around one day of menstrual flow. Packs are dispensed through the touch of a button once every ten minutes.

Share the Dignity Founder Rochelle Courtenay commented: "Access to sanitary items has been declared a human right by the United Nations. Yet, we know that in Australia there are thousands of women & girls who don't have access to pads, tampons, menstrual cups or period-proof underwear. Machine locations have been carefully considered with installations underway in low socioeconomic areas throughout Australia. Placement in schools is a priority as research has shown that pupils are skipping school because they can't afford or access basic sanitary products. Discreet placement of the vending machines will help remove the stigma and embarrassment of having to ask for sanitary products and thereby assisting girls to attend school when menstruating"

Organisations or individuals interested in sponsoring a Dignity Vending Machine or Period Packs are encouraged to contact www.sharethedignity.com.au.

By Anya Richardson



Email: kynhire@bigpond.net.au website: www.kynetonhire.com.au



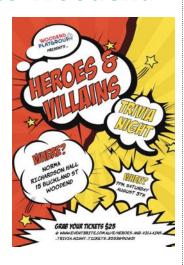
Playgroup brings Heroes and Villains to Woodend

Woodend Playgroup will host its biennial Trivia Night fundraiser at the Norma Richardson Hall on Saturday 5th August from 7pm.

Known for its zany themes, the 2017 Trivia Night will be a super-charged super-fun event, filled with Super Heroes and Super Villains. Attendees are encouraged to dress as their favourite Hero or Villain which will no doubt bring pizzazz to the night.

As well as trivia, attendees can expect a silent auction, a raffle and door prizes. Items up for grabs include two \$500 accommodation vouchers, family passes to state wide attractions and vouchers for many local businesses across the Macedon Ranges.

"We would like to take this opportunity to thank all the companies that have supported the event with their generous donations" said Woodend Playgroup President Kim Turner. "Every donation



received is an enormous help in achieving our fundraising goal for the event".

Funds raised will go towards building a new, safe and compliant sensory decking area for the outside play space at Woodend Playgroup's Forest Street facility. Tickets for the Trivia Night cost \$25.00 which includes a drink upon entry and dessert. Bookings can be made online at www.eventbrite.com.au searching for 'heroes and villain's trivia night'.

Submitted by Helen Edwards

The Field Trip

Are you aged between 13–16 (or will be in this age group by July 2018)?

Are you available in the 2018 winter school holidays? Do you want to travel overseas? Welcome to Field Trip Cambodia. The Field Trip is collaborating with the Cambodian Kids Foundation – two not for profit organisations working towards a common good: to give local kids the chance to have an (affordable) experience of a lifetime, make a difference to the lives of Cambodian children and develop their community leadership skills. Two weeks in Cambodia for local kids aged 13–16; sign up via www.thefieldtrip.co.

By Paul Kooperman for The Field Trip

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Woodend's Memorial Clock Tower

The clock tower is a prominent icon in the centre of Woodend, built as a memorial to the local men and women who served in World War I. It was constructed in 1927 and was funded by the community. It was designed by architect Harold Trigg and built by a Mr Peeler. It was dedicated in 1928 and the total cost was 687 pounds. The clocktower is now an asset maintained by Macedon Ranges Shire Council.

The towers style is described as a neo-Baroque, tapered cement-clad clock tower set on a square plan and topped with a small metal-clad dome placed on an octagonal drum. The ground-level openings are set in a podium, with attached mouldings, and the main opening is surmounted with a pediment. The semi-circular balconettes underscore the Baroque inspiration. The tower is 9 metres tall with a 4.4mtr flag pole on top. Each of the four clock dials are 1.2m in diameter and are driven by a

Simplex master clock with a slave assembly located in the centre of the dials.

Plaques record the names of the men and women who served in the Boer War, WWI+ II and the Woodend RSL lays a wreath each ANZAC Day.

During July, with funds from the Victorian Government and the help of Woodend Rotary, Woodend RSL will conduct some upgrades to the clock tower. This will include cleaning and repainting the lower section of the tower and installing an updated plaque with an extended list of WWII servicemen and women.

By Peter Whitelaw



More quote/notes/images to fill out the page







An extra-ordinary Father's Day of events Shake off the winter blues and plan a fabulous day out on

Shake off the winter blues and plan a fabulous day out on Sunday 3 September at Duneira, Mt Macedon.

We start the day with a guided house tour and morning tea. Learn about the history of this hill station and the families that lived here during the past 140 years.



Mary Larcnach-Jones, will give the artists

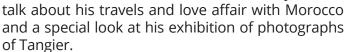
The multi-talented Bryan Dawe will

speak at Duneira on Father's Day

discussion Enjoy а with local artist Mary Larnach-Jones who has been visiting Corfu for the past 40 years, and will share with us in a most interesting discussion. Corfu through the eves of an artist. Explore the sights and sounds, literature, art and famous people who have all explored and fallen in love with this magical island.

Then, stay for afternoon and tea concert from 2.15pm. beautiful Hear the sounds of soprano Karen Fitz-Gibbon who performs with *Ensemble* 642 in this performance of sexy, beautiful and passionate love songs of 17th century composer Strozzi.

The multi-talented Bryan Dawe will join us later in the day with a



This special Father's Day line-up of events are now available for booking directly through www.duneira.com.au.

By I. O'Duffy, Duneira



Woodend Library

Is your dog a hero?

Help us celebrate the Launch of author Dee White's new book K9 Heroes. Join us with your dog at Woodend Library on Saturday August 26 at 10.30 am. Enter our competition and tell us in 25 words or less why your dog is a hero. Entry forms at Library or online.

Interested in Family History?

There is a 'Beginners Guide to Ancestry' session coming up. There are four sessions offered, at Woodend this session will be held on Thursday August 24 at 2pm. Delve into your

family's background in this introduction to the library's free family history eResoures.

Are you using Library Elf?

Our Elf can remind you when your library items are due to be returned! This free service is available to members and only takes minutes to set up. Keep track of the whole family's loans from one Elf account. More details on the website, or ask a librarian for help setting up your elf. Woodend library: www.ncgrl. vic.gov.au | Corner of High Street and Forest Street Woodend.

By Lulu Cockram



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A book launch for local dog lovers

You're invited to a book launch ... and so is your dog

Mary-Ann Thomas, **Member for Macedon** will launch K9 Heroes by local author and dog lover, Dee White on August 26 at 10.30am outside the Woodend library, and pooches are welcome. In fact, there will be doggie treats and prizes.

K9 Heroes, Dee's 18th published book is a collection of stories of real rescues and incredible canine bravery. There are four tales from around the



world about ordinary dogs doing extraordinary things.

The launch is hosted by the Goldfields Library, Woodend, in conjunction with New Leaves Bookstore.

To help celebrate, the library is holding a competition, and dog lovers of all ages from 6 to 96 and beyond will have the opportunity to win a signed copy of K9 Heroes.



Even if you don't have a dog, you're welcome to come along anyway, meet the author and join the celebrations.

Enter the competition to win a book

Competition details and entry forms are available at the library or web

Bookings for the launch

Bookings for the launch are essential and can be made via the library website www.goldfieldslibraries.com.au.

Author, Dee White says she is thrilled to be launching her book in such a dog loving community. When she called for participants for her book trailer, she said,"I was overwhelmed by all the gorgeous dogs and their loving came owners who forward, offering to be involved."

View the book trailer at Dee's website:.deescribe.

See you at the launch. By A. May

Bupa Garden club enjoy the fruits of their labour

Garden Club members at Bupa Aged Care, Woodend, enjoyed the fruits of their labour with a visit to the Chinese Museum in Bendigo.



After a highly successful Harvest Festival in April, residents treated themselves - and a carer and a volunteer. to a tour of the Chinese Museum.

With an informative guide and some spectacular exhibits such as the jade carriage and the famous Bendigo dragons, all enjoyed their visit. Following the tour, lunch was served at the museum with chicken and vegetables, mandarin beef and rice being greatly appreciated. Their next visit will be to a nursery, to pick up a few items to enhance the gardens at Bupa.

By Ruth Pollard

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Cobaw Walkers Celebrate 30 years

Longstanding community group, the Cobaw Walkers celebrated their 30th anniversary on 28 June and are seeking new members to continue the group's success across the Macedon Ranges.

The group started in 1987 when residents united with Cobaw Community Health to discuss the prospect of creating a walking group to explore this beautiful region on foot.

The Walkers depart every Wednesday and Thursday at 9:30am from various locations across the Macedon Ranges, with no two walks ever being the same.

Shirley Hutchison has been with the group for 29 years and a strong advocate for the value of a social, physical activity group: "We're a family who are always looking to welcome new



people along to join."

Photo of Cobaw Walkers participants.

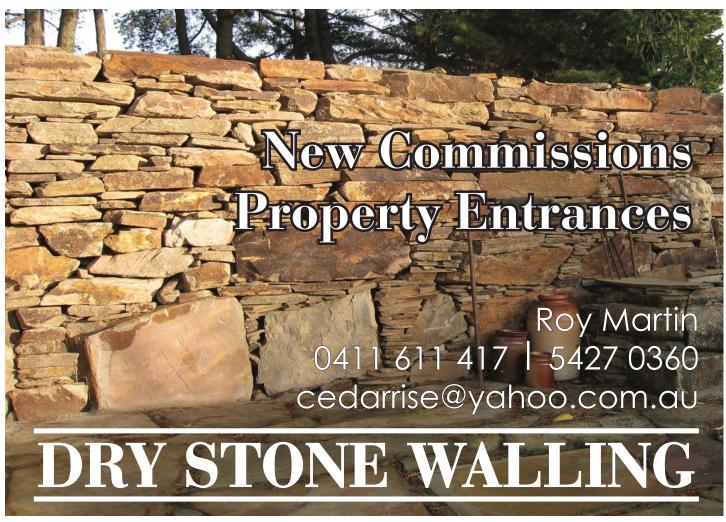
When starting the group, the Walkers also decided to keep track of their walks in diary entries. Such diaries have now become a piece of local history with their first entry dating back to 1987: Wednesday June 17, proved to be a crispy winter's day with some warm sunshine ideal for a walk-through Lauriston Reservoir. Some were ahead, others further back, but all enjoyed the stillness of the pine forest, the carpet of pine needles underfoot and the red spotted

mushrooms beneath the trees – K. Meehan

As the most common form of activity by Australian adults, the value of walking is significant. Not only is it appropriate for all fitness abilities and ages, it is a low impact activity and best of all, it's free. The benefits of walking include improving heart health, joint and bone strength while increasing mental health.

Additionally, the Macedon Ranges region also has a Social Peddlers group, providing opportunity participants the to jump on their bikes and see townships through a different lens. To find out how you can join either group, or for a copy of their itineraries, contact Cobaw Community Health on 5421 1666.

> By Amity Bradford for Cobaw Community Health

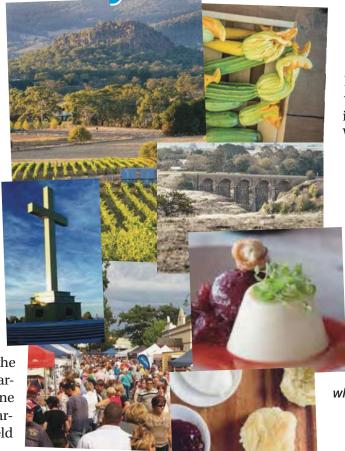


Take a peek in your own backyard!

With lives becomeing busier and busier, sometimes we forget about doing things that are right on our doorstep. Here's a reminder: Take the time to visit some local gems. When was the last time you visited Hanging Rock, or walked to the top of Mt Macedon to enjoy the views?

There is so much to do and it's just around the corner!

Have you been to one of the local markets lately? There are regular monthly markets in the Macedon Ranges. The markets include the Gisborne and Riddells Creek markets, Woodend, Lancefield and Kyneton.



We are also very lucky to have many of the country's best cold climate wines. The Macedon Ranges boasts some fabulous wineries: Gisborne Peak Wines in Gisborne South, Hanging Rock Winery near Hanging Rock and Mount Towrong on Mt Macedon just to name a few.

Don't forget the many wonderful cafes and restaurants in the area for breakfast, lunch and dinner. Or plenty of places for a quiet drink or relaxed afternoon tea.

So, next time your out and about with family and friends, take a peak in your own backyard, your sure to find a new favorite

For many more details about what's on in the Macedon Ranges, go to visitmacedonranges.com.au.

By Jill Dalton for Tourism Macedon Ranges

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Macedon Ranges Sustainability Group

Please join Macedon Ranges Sustainabilty Group (MRSG) & The Macedon Ranges Shire Council at the advanced screening of the documentary Our Power on Saturday August 12 at Woodend Community Centre, Corner of Forest & High Streets.

Doors open at 2:30pm with the screening starting at 3pm. To follow is a discussion with Latrobe Valley community leaders and the filmmakers.

Entry is \$10 adults, \$5 concession, kids are free.

This August time-slot will replace the normal second Tuesday of the month and is generously supported by and in partnership with the Macedon Ranges Shire Council.

Our Power is a story that illustrates where Australia sits in the global land-scape when debating a just transition towards sustainable modes of power production.

Inspiring and heartwarming, Latrobe Valley residents are uniting to influence positive change in their community and in the state.

It's moving story, narrated by a diverse group of authorities ranging from community advocates, energy experts and the people of the Latrobe Valley.

This movie is 100% crowd funded and there will be a panel of local La Trobe residents talking about the technical and social changes occurring in their community.

About Movies that Matter (MTM): Movies that Matter is a monthly film program coordinated by the Macedon Ranges Sustainability Group. Films are selected to achieve a mix of enlightening, thought-provoking, educating, motivating and inspiring stories about our planet, the threats it faces and the people working to implement sustainable solutions. Films are normally screened on the first Tuesday of the month, upstairs in the function room at the Vic Hotel.

By Louise Mitchell, MRSG.

Feedback sought on farming zone

During August, Macedon Ranges Shire Council will be seeking community feedback about land use issues on farming land across the shire.

A community survey will be available on Council's website and a landowner survey will be mailed to all landowners within the farming zone.

All feedback received will be used to inform the development a draft farming zone strategy that will be released in 2018 for community feedback.

To find out more, or to see if you are in the farming zone, visit mrsc.vic.gov.au/yoursay. For more information, contact Gareth on 5421 9675 or ghately@mrsc.vic.gov.au.

By E McCormick for M.R.S.C.



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Luncheon tickets selling fast

Woodend Rotary will be holding another of its popular Community Luncheons on Sunday August 13.

The luncheon will be held at the Woodend Bowls Club from 12.30–3pm. Funds raised will be donated to Woodend Neighbourhood House for the purchase of an automatic external defibrillator (AED).

The entry fee of \$30 allows everyone who attends to enjoy champagne and the savoury and sweet treats on offer. More information on the classes and programs offered at Woodend Neighbourhood House will be provided at the luncheon.

Tickets can be purchased at Woodend Neighbourhood House leading up to the event or you can contact Melissa on 5427 1578.

Find out more about Woodend Rotary online: www. rotarywoodend.com or facebook. com/rotarywoodend.

By G. Hocking

Rural Australians for Refugees holds vigil for asylum seekers and refugees

Woodenders are normally too sensible to leave their homes after dark in mid-July, but 35 local people braved the bitter cold on the night of Wednesday 20 July to attend a candlelight vigil outside St Ambrose church.

The event mirrored larger gatherings happening on that night across the major cities of Australia, to acknowledge refugees detained on Manus Island and Nauru and to remember those who have died in detention.

Organiser Rosie Baker reminded the crowd that 2000 men, women and children have now been in detention for over four years, being treated as pawns in a political game started by Kevin Rudd and continued by the current Turnbull government.

Vigil attendees lit candles and sang, while brief autobiographies of some



of the detainees were read aloud, giving a moving reminder that these are ordinary, good-hearted people who have suffered enormous trauma and want only to find a safe place to live.

Baker said"The detention centres have been repeatedly criticised by the Red Cross, the United Nations, Amnesty International, doctors and psychiatrists, legal experts and human rights activists. These prisons are costing the Australian taxpayer billions of dollars and have achieved nothing but harm and shame."



Macedon Ranges Rural Australians for Refugees will continue to fight for these"forgotten" people. Member Pauline Brown spoke of her concern for the refugees after October, when the Manus detention centre will be ""bulldozed and the company that operates the Nauru camp will leave. "The government is prepared to dump these refugees in impoverished, brutal countries where their lives will be in grave danger. They cannot return to the violence of their homelands. Where can they go now?"

Many in the crowd spoke of their desire to see detainees settled in Australia, and their determination to show compassion and respect for the lives of those fleeing wars and terrorism to find safety in other lands. Rural Australians for

Refugees – a grassroots





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Time flies at Neighbourhood House

Term three is well and truly underway, they say 'time flies when you're having fun' and that certainly is the case here at the House. This week is 'Adult Learners' week so, if you've never been to the House and have some time to spare to do a course or activity please drop in; we'd love to see you, there's something for everyone.

If you joined the community bag sewing bee and have been bitten by the sewing bug, Sue's sewing classes for adults and children start on August 9. Sue teaches Wednesday afternoons and evenings for the adults and after school for children Give it a go!

The August activity calendar is chockers! Our ever-popular bike maintenance sessions are back on Saturdays 5 & 12, Jill Kratsis will be talking about sleeping well at her health workshop on Thursday August 2. You can learn to crochet a Granny square with Vicki on August 5 and Jackie's teaching 'everyone can learn to read' on the Thursday August 9.

Remy's barista training for young people will run on August 3 and 10, then again for the adults on August 17 and 24 and to finish off the month we have first aid on August 12.

Woodend Neighbourhood House is delighted to announce that we have teamed up with Woodend Rotary for a special fund-raising lunch, to be held on Sunday August 13 at Woodend Bowls Club, from 12.30pm-3pm. Tickets are \$30, which will include sparkling wine upon arrival, lunch and sweet treats. The event, along with a raffle and a silent auction, will raise funds for an Automatic External Defibrillator, that will be installed in the house, providing a valuable source of immediate medical response should the need arise to provide lifesaving equipment for a suspected heart attack in the vicinity. Tickets are available through the Neighbourhood House, website or 5427 1845 or book with Melissa at Rotary on 5427 1578.

This is an excellent opportunity to raise funds for a vital piece of community first aid response equipment that is simple to use and has proven many times over that it does indeed save lives. Community lunch is back on August 18 at 12 noon and while you've got your diary out, the next one is Friday 8 September also 12 noon.

Our September lunch is a week early and we'll be asking R U OK? It's an annual day dedicated to remind people to ask family, friends and colleagues the question, "R U OK? in a meaningful way, because connecting regularly and meaningfully is one thing everyone can do to make a difference to anyone who might be struggling.

This year we've collaborated with the RSL withlunch taking place at their venue, 32 Anslow Street. Check in with a friend and bring them along too. The more the merrier.

One last note – We're hoping to start up a LEGO® club. Do you have any LEGO that you no longer need? If you're happy to part with it we'd love to give it a new home. Thank you.

By Angela Van Dam, Coordinator

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Newham and District Landcare Group

You are invited to our Annual General Meeting on Friday 18 August at 7.30pm. Our guest speaker at 8.45pm will be Sophie Bickford of the Central Victorian Biolinks Alliance.

One of N&DLG's main goals is preserving biological diversity in the Campaspe-Maribyrnong Headwaters Biolink area and Sophie will address this and talk about Hanging Rock Reserve's regional ecological significance.

Held at Newham Mechanics Institute, with the usual splendid supper to follow. RSVP to Helen Scott, Secretary of NDLG, at orseda@bigpond.com or 0412 582 526. Follow news of our many activities at www. newhamlandcare.info.

By H. Scott









Rotary team support Mr. Spag

A great example of Rotary in action was our recent support of the suicide prevention forum, run by the Macedon Ranges Suicide Prevention Action Group [Mr. SPAG]. Over 60 people attended the function at the Norma Richardson Hall in Woodend, on a cold June evening. The aim of the function was to raise awareness of the need for a more focused strategy for suicide prevention in the Ranges community.



Woodend Rotary and MRSPAG team at the recent function. The Rotary Club of Woodend provided both financial and practical support for the function. 'In recent years when Rotary clubs gain four new members, Rotary offers those new members \$1000 to support a community project' said Peter Willmott, President Woodend Rotary. 'This year, our new members chose to support the work of MRSPAG. We assisted with the setup of the forum, provided catering for all the participants and made a monetary donation to assist MRSPAG with further activities this year.'

Woodend Rotary Club has several local and international projects that actively involve its members. Upcoming activities include painting Woodend clock tower and our annual Halloween party at Woodend's Children's Park. 'If you have a local project you'd like to see up and running, we're here to help make it happen' said Peter.

If you are interested in learning more about Rotary or would like to come to a couple of club meetings to see if it's for you, please contact Membership co-coordinator, Mike Hamer on 0411 549 432.

































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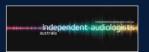
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Shingles vaccination

We are holding a Zostavax immunisation clinic in August for people aged between 70-79.

This clinic will provide free Government supplied vaccines and the consult will be bulk billed. For other needs, please make a regular appointment.

Stock provided by the Government is limited so please ring early to book for this clinic.

Is your need urgent?

When you ring for an appointment, please advise our receptionist if your need is urgent. We will do our best to get the most suitable appointment to meet your needs.

Award for best research article



Carole Meade, our Clinical Care Coordinator, and Monash University's Dr Bernadette Ward and Helen Cronin have won the Royal Australian College of General Practitioners (RACGP) Best General Practice Research Article in Australian Family Physician Award for 2017.

The research "Implementation of a team model for RACF care by a general practice" published in Australian Family Physician in 2016, studied our model of care for residents living in Aged Care Facilities.

The research was supported by a grant from the Australian Government's Primary Health Care Research, Evaluation and Development Strategy and conducted through Monash University's Centre of Research Excellence in Rural and Remote Primary Health.

As the winner of the award, the RACGP is sending Carole to Sydney to attend *GP17*, the RACGP's annual conference. Carole will present a paper about the research at the conference.

Brooke St. Medical Centre – tel. (03) 5427 1002

Research into use of Statins



Some GPs at the practice have agreed to take part in research into the use of Statins – a class of drugs that lower cholesterol in the blood.

The research aims to see whether use of a Statin reduces cardiovascular events and dementia in those aged 70 and over. The clinical trial named *StaREE* is being led by Monash University and is conducted in many General Practices around Australia.

We will send some BSMC patients a letter on behalf of *StaREE* inviting them to consider joining the trial. Participation in the research is completely voluntary - **you are under no obligation to respond to the letter.** Your ongoing treatment at BSMC will not be affected by whether you choose to participate or not.

Should you receive a letter and want further information or would like to participate; the contact details for *StaREE* are in the letter.

Treatment Room services



While you may be given a time to come to our Treatment Room, you could have to wait depending on urgent or emergency cases that may also present to the Treatment Room.

Our Treatment Room nurses and GPs "triage" (sort out the urgency of people's needs) to determine who needs to be seen first. People needing emergency care will always be first in line, so please be patient.

On the other hand, if you arrive and feel very unwell or become more unwell while you are waiting – please let our receptionists know and a nurse will be called to assist.

After hours GP Helpline - tel. 1800 022 222

















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a message from Cr. Janet Pearce

Another wouth full of activities has passed

The Council Plan (incorporating the Municipal Health and Wellbeing Plan), Budget and Strategic Resource Plan have been finalised and are on the Council website.

We are aware that our Shire has many inspiring and passionate individuals, groups and business owners and thank those who made submissions and provided feedback.

There were 79 written submissions with requests, points of concern, objections and letters of support, and 20 submitters made a verbal presentation (we realise three minutes tick past quickly).

The Council Plan is centred around three key priority areas—liveability, sustainability and efficiency. We will continue to strive for quality of service and to improve operational efficiencies and have allocated funds within the budget to a wide range of areas.

Here in Woodend we are looking forward to the pavilion and building upgrades being completed at the Gilbert Gordon Oval, as well as increased funds to footpaths and cycle paths and funds to support our all-important and valued volunteers.

The 'Have Your Say' site on the Council website has an updated list of current strategies, investigation areas, frameworks and management plans open for public feedback, and events. Currently Council is inviting feedback on the Macedon Ranges Visitor Economy Future Directions Paper 2017–2027 that will help guide tourism in the region over the next 10 years. An important document indeed, and we are keen to hear your views.

Stay warm in the months to come. Best wishes, Janet

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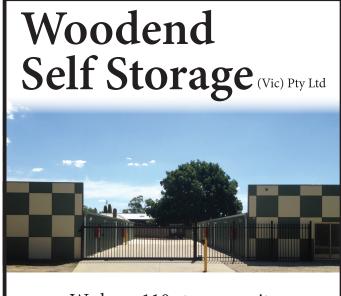


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Your community diary

Have your event listed in our calendar:

Just send the details to content@newwoodendstar.org.au

— July — ★● — August — September October November

2-9 NAIDOC Week
3IntL Plastic Bag Free Day
3,10
4,6,13 Pottery + paper-craft WNH
4,6,13 Pottery + paper-craft WNH
12 + 14 Inflatable Fun Ktn Pool
5Wheeler Centre visit KTN
6,7,10&14 Inflatable Fun GSBN
7–9Mt Players, One act play
8The Witches, KTH
2-9NAIDOC Week
3IntL Plastic Bag Free Day
4,6+13 Pottery + paper-craft WNH
4,6+13 Pottery + papercraft activities,
6,7,10&14 Inflatable Funl Gisborne,
7–9 Mt Players, one act play
8The Witches, KTH
9Be Persuaded, KTN Museum
11 More than Honey, MtM
12 Sewing Bee 10-3, WHN
12Community lunch, WNH

War on Waste

- Don't buy toys borrow them instead!

Almost every parent knows the frustration of buying their child a toy and seeing it fall out of favour and tossed to the side within a matter of weeks, if not hours.

Whether they are broken, old or no longer wanted, many of these so-called plastic treasures end up in landfill.

"Toy library members are able to borrow age-appropriate toys for their children instead of buying them plus it's the smart way to reduce g environmental waste while promoting learning through play.



Annual membership costs \$50 and \$20 for Health Care card holders and grandparents. That is an amazing price, and to think you would pay this for one toy at the shops now you can access over 500 fantastic toys.

Toys are borrowed by our members for up to 2 weeks at a time. The Toys are suitable for ages 6 months - 7 years including indoor, outdoor, imagination, construction, babies and toddlers.

Thinking of ideas for your next birthday party?

As a member, you have free access to our Party Pack which contains the parachute, roller coaster, jumping sacks, egg and spoon race plus tables and chairs to seat 8 children. Now that's value for money.

Funds on the way

Thanks to the amazing work of the Woodend Toy Library Committee we were successful in a grant application funded by Macedon Ranges Shire Council to purchase Science, Technology, Engineering and Maths (STEM) toys. Coding Robots, BeeBots and Magnatiles will be available soon.

Barefoot Bowls for Borrowing

Woodend Toy Library prides itself in playing an active community role and supporting local events and workshops. This was evident at our Barefoot Bowls for Borrowing in conjunction with Woodend Bowling Club. It was a great success and we would like to thank our sponsors V/Line, Karismatic Kids, Hardwicks and Mort & Pestle. Keen to be part of our wonderful team? Email woodendtoylibrary@gmail.com or via Facebook. Woodend Toy Library is a volunteer run, non-profit community organisation, open Thursday and Saturday (school term) 10am–11am, find us on Forest Street next to Cobaw Health.

Submitted by K. Ball





Funding on the way for community projects

A community storytelling project, music and garden festival and upgrades to community facilities are a few of the initiatives Council is investing in through its Events and Festivals Grant Program and the Community Funding Scheme during 2017/18.

Successful recipients were announced at the Council meeting on Wednesday 28 June, with dozens of community and sporting groups set to receive in kind support and financial assistance.

Council called for submissions for both funding programs in April, receiving 79 applications in total, with 55 successful in receiving support.

Projects funded include:

- Garden Lovers Fair: an annual celebration of gardens. Scheduled for October this year, the event will feature plant growers, producers, horticulturalists, local winemakers, artisans and more. Organised by the Mount Macedon and District Horticultural Society.
- Macedon Ranges Music Festival: bringing together two stages of live music, local food, market stalls and kids activities, this familyfriendly, community-focused event is scheduled to take place in Gisborne on Saturday March 3, 2018.

- Malmsbury Village Fayre:

 a popular community
 event set to be staged in
 November this year, theme
 is Garden Tea Party, with
 live music, dance, and local food.
- Friends of Bluestone
 Theatre: Big Town, Little
 Town will be a community storytelling project
 that gives voice to the
 unique and often hidden
 stories of our community
 and enables residents to
 gain an enhanced sense
 of community and social
 cohesion.
- Greening of Riddell: funding for new interpretative signage at Riddell Reserve.
- Romsey Mechanics
 Institute: the purchase of solar panels that will reduce the energy costs and carbon footprint of a facility that is widely used by the community and notfor-profit groups.
- Friends of Kyneton Botanic Gardens: an artist residency and online portal that will go hand in hand with the newly opened community park. A unique platform that will help to build an online audience who can learn about and connect to the gardens even if they are unable to visit.
- Bullengarook Pony Club: upgrades to safety fencing for junior riders' arena.

By E. McCormick for M.R.S.C.



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□ Landscape projects

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Do you treasure your treasurer? Are you a treasurer with ideas to share?

Calling all not-for-profit treasurers (and the committee members who love them!)

The 2017 Commonwealth Bank Not-for-Profit Treasurers' Awards are open and we're writing to encourage you to take part in this free recognition and awards program.

There are two ways to participate this year. Here's how:

• Nominate and recognise your treasurer

Tell your treasurer you appreciate all that they do for your community organisation by nominating them to receive an official 2017 Not-for-Profit Treasurers' Award Certificate of Appreciation. We will send you the Award Certificate with your treasurer's name on it.

• Apply as a treasurer for a chance to win \$5000

Treasurers can enter by sharing wisdom to help others working in the not-for-profit sector to overcome similar challenges. This year, we are asking treasurers to contribute and share practical knowledge by submitting one of the following resources: A financial template, A financial policy, a summary and outline of a financial webinar. Hurry, applications close Friday, July 28. For more information about this year's Commonwealth Bank Not-for-Profit Treasurers' Awards, visit our website: www.ourcommunity.com.au/treasurersawards.

By A.May

Be astounded by Arche: a classical ballet for lovers of dance

Join the Melbourne Ballet Company as they perform their dazzling work, *Arche* at Kyneton Town Hall on Friday 28 July at 7.30pm.

Taking inspiration from the age-old classical ballet Swan Lake, Arche features some of the company's most exhilarating dancers, who leap and pirouette across the stage with grace, passion and artistry.

With a score that includes music by Tchaikovsky, Einaudi, Arnalds, Morricone, Jean Renaud and Elgar, Arche is an emotionally-charged production that has toured nationally and internationally to critical acclaim.

Don't miss your chance to be astounded as the Melbourne Ballet Company transcend the ordinary in this enchanting ballet.

The cost is \$45 adults, \$42 seniors, \$40 concession and \$15 children. To book tickets, call 1300 888 802 or visit mrsc.vic.gov.au/buytickets.



Council offers event planning workshop

Whether it's a school fete, fun run, wine festival, music event or cycling competition, if you are an event organiser in the Macedon Ranges you're invited to attend Council's free 'Planning an Event or Festival' workshop on Tuesday 22 August in Gisborne.

The workshop is designed to support event organisers and equip them with the tools necessary to successfully plan and run events and festivals in the shire.

There are two sessions to choose from, one from 5pm-6pm and the other from 6pm-7pm. Held at Council's Administration Centre at 40 Robertson Street in Gisborne, the evening offers information on everything you need to know about making your event successful, sustainable and compliant within the Macedon Ranges.

Workshop participants will be able to talk directly with Council officers on a range of topics relevant to event organisation including promotion, permits, liquor licences, risk and traffic management and more.

Come along and make new connections with local event organisers and Council representatives. All attendees will receive a copy of the new Events & Festivals Planning Guide, a tool designed to assist organisers to plan and manage events.

To book, visit mrsc.vic.gov.au/business-events. For further information call Bridgette O'Brien on 5421 9521 or bobrien@mrsc.vic.gov.au.

By E. McCormick for M.R.S.C.



How did the Industrial Revolution change the Decorative Arts forever?

Find out on Thursday August 10 when Australian Decorative and Fine Arts Society, Central Victoria (ADFAS CV) presents their August lecture titled Making the Modern World: The Industrial Revolution & the Decorative Arts.

The lecture will focus on how the Industrial Revolution, by way of mass production, made it possible for the middle classes to access such objects previously enjoyed by the nobility. Ornamental objects such as furniture, book making, textiles, jewellery, and ceramics dominated, resulting in completely new attitudes toward taste and interior design. Wedgewood ceramics are an ideal example of this development as their exclusive items could be mass-produced.

Guest Lecturer, Andrew Spira has been a curator at Victoria and Albert Museum specialising in 18th Century British Art. He was a senior lecturer at Christies Education and leads many cultural tours across Europe.

Kyneton Town Hall, 129 Mollison Street Kyneton, 7.00 for 7.30pm start. Entry is \$30 cash payable on the night, this includes supper and a glass of wine. Call Nicky Peters 0400 958 449 with enquires.

July Lecture Update:

On July 13, ADFAS members and guests were captivated by Gerald Deslandes' lecture on 'Landscape into Art' – an artistic movement that focuses on altering natural elements into the landscape. Gerald concentrated on the creations of three UK artists, Andy Goldsworthy, Richard Long and David Nash, who were early exponents of this movement. Visually, the lecture delighted the audience as many outstanding images of their work were shared.

By Nicky Peters for ADFAS CV

Have your say on tourism

Macedon Ranges Shire Council is inviting feedback on its Draft Visitor Economy Future Directions Paper that will help guide tourism in the region over the next 10 years.

The draft plan outlines a number of proposed strategies and actions that seek to support the local visitor economy and identifies opportunities to enhance the range of services that Council provides to the tourism industry.

The draft plan will be available until 5pm on Monday 14 August.

To have your say, visit mrsc.vic.gov.au/yoursay or view a copy at any of Council's customer service centres

By E McCormick for M.R.S.C.

Woodend Red Cross

Join us at our next meeting for a cuppa! Find out what we are all about as volunteers, new members are always welcome. We meet at Woodend Bowling Club on the first Thursday of each month at 1.30pm.

Most recently our fundraising was directed toward Sudan, where famine causing starvation is a daily reality for thousands of refugees. The money we raise goes to the Red Cross workers in the field for the medical and nutritional necessities we take for granted in our lives.

Donate wool for trauma teddies

Donations of 8 ply wool or acrylic yarn (not fluffy please) is required for our Trauma Teddy knitters

Donations can be dropped into Mort & Pestle. in the 19th Hole Centre.

Red Cross Trauma Teddies bring smiles to the faces of children, and adults, coping with crisis, from floods and fires to hospital visits.

Teams of volunteer knitters across the country lovingly hand make each teddy. If you would like to become a teddy knitter please contact Robyn Grant (details below).



Second hand goods

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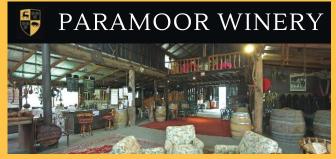


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MACEDON RANGES WINE BUYERS GUIDE Patrick Eckle's PATRICK ECKLEVK

This month we will focus on a couple of Pinot Noirs that won't break the bank. Pinot Noir is a very fickle grape variety that requires skill in both the vineyard and the winery to coax out what can be some of the most ethereal wine experiences. It is the attention to detail that means you won't find many cheap Pinot Noir's, especially in the Macedon Ranges where the viticultural skill in particular to achieve greatness with the grape borders on obsessive.

2016 Rowanston on the Track Pinot Noir

The first release of this wine from Rowanston on the Track, with the nose brimming with dark cherry and gently herbaceous rhubarb.

The palate is primary and fruit forward with concentrated red cherry and raspberry fruit that is met by chalky and fine tannins, there is plenty of underlying acidity gives contrast to the vibrant primary fruits and underwrites the wines cellaring potential. There is a slight herbal character that melds with red fruits to finish.

The wine is more about youthful exuberance at the moment and will reward time in bottle as it comes into its own.

Rated: 89 | Drink: 2017-2024 | Price: \$25 2015 Hanging Rock Macedon Pinot Noir

The fruit for this wine comes from the Jim Jim vineyard, and showcases a remarkable site, the great 2015 vintage and finely attuned winemaking.

Dark cherry and rhubarb are lifted by cedar and cinnamon spice on the nose with a palate that is a sappy and spicy rendition of red berry fruits; but undeniably light on its feet. There are layers of dark cherry and undergrowth that weave themselves amongst a finely structured web of tannin and acid. The finish gives earthen red cherry and rhubarb with a peacocks tail of baking spice.

Rated: 94 | Drink: 2017-2028 | Price: \$35

Patrick Eckel | 0422 806 484 | peckel@winereviewer.com.au www.winereviewer.com.au

Poetry matters "Create yourself. Be yourself your poem." Oscar Wilde

Most human beings are born with the capacity to create. Children begin drawing at an early age and they sing. As they learn language they can be quite inventive and original in their utterances.

In a world obsessed with money, fame and status, strangely poetry does flourish. There are significant numbers of people who put in time and effort producing poetry and large numbers who read poetry. Often it is revealed as if it has been a deeply held, deeply loved secret.

At its core poetry is a means to break through barriers. It opens the door to anyone who knocks. It allows free expression using words that most of us have freely available within us. But the poet uses words differently so that they can almost, but never quiet, reach to something forgotten. It is the reader who must take up that task within themselves. The writing and reading of poetry fosters the capacity to look more deeply into the world around us.

Since 2006 I have been editor and publisher of a poetry journal, "Poetry Matters", which has readers and contributors from all over Australia as well as many from this region. I also gather poems from people who suffer some kind of disadvantage. It is not a literary journal but a social journal.

If anyone would like to receive a complimentary copy (it is a print journal, not online) please send details to: poetry.clh@gmail.com.

By Cheryl Howard | 5427 0679 | 0487 270 679





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Yea garden expo

The Rotary Club of Yea is holding a Garden Expo in the pretty surrounds of the Yea Racecourse. Come along for an enjoyable day out to see a wonderful array of vendors with perennials, seedlings, seeds, handmade and motorised garden tools, books, succulents, trees, specialty plants, motorised ride-on wheelbarrows, mowers and much more.



A free plant crèche will mind your purchases while you perhaps enjoy a wonderful and varied speakers program covering topics as chickens, bees, food from native plants, medicinal herbs, rose care and an iconic private garden near Mansfield.

September 23 + 24 at Yea Racecourse, Racecourse Road, Yea form 10am-4pm. Adults \$5, Children under16 years free. Free face painting and ample free car parking. More information via yeagardenexpo@optusnet.com.au.

By Glenys Osborne



The Mount Players go "The Full Monty"

Following a successful One Act Play Festival in early July the company is now only two weeks away from their gala opening of "The Full Monty".

This fabulous musical comedy is based on the classic movie that we all know and love and tells it's heartwarming and poignant story of a bunch of unemployed blokes who have no other choice than to become strippers for a night to make some quick cash.

Their journey is one of hardship, mate-ship and humiliation that push each one of them to their limits. A witty script, an incredibly talented cast all wrapped up by an equally wonderful orchestra that will have you humming tunes all the way home!

But do they really go The Full Monty?

Book your tickets now to find out! Go to www.themountplayers.com or call our box office on 5426 1892.

By Karen Hunt

Warming Effort

Woodend Rotary completed another successful blanket collection and would like to thank everyone in the community who donated to this wonderful cause. The generosity of the local community is amazing with donations of blankets, sleeping bags, coats, hats and scarves gratefully accepted. The items were delivered last week and will be put to immediate use for those doing it tough this winter. Thanks once again must also go to Mort & Pestle and Woodend Library for being collection places.







Come visit Angus, Hank, Pippa & Bill over winter, just don't expect them to leave the heater! 31 Brooke St

Woodend

Ambulance reforms are saving lives

A record number of Victorians are surviving cardiac arrest because of recent reforms that are making more ambulances available for people in life threatening emergencies.

New comprehensive analysis shows that 7,000 more Victorians are getting an emergency ambulance within 15 minutes because of Ambulance Victoria's revised Clinical Response Model.

This, combined with the Andrews Labor Government's record investment in ambulance services, has lifted Code 1 ambulance response times to 80%– the best levels in seven years.

State Member for Macedon, Mary-Anne Thomas said that "there can be no doubt that these changes are saving lives – we're investing more to improve ambulance response times than any Government in Victoria's history, to give people the right best care when they need it most."

The review of the first three months of the revised model shows improved emergency response times across the board, with on-time call-outs increasing in all priority categories.

Other findings include: survival for cardiac arrest patients in a shockable cardiac rhythm reached 37.4% for the March quarter – the highest quarterly survival rate recorded in Victoria the proportion of Code 1 cases attended within 15 minutes improved significantly despite an increase in the number of 000 calls by almost 10,000 (5.9%) during the review period key clinical outcomes for pain reduction and stroke improved

The changes mean an estimated 50,000 cases every year that would have received an emergency ambulance are now being correctly referred to an alternate health service or provided with self-care advice – freeing up ambulances to respond to Code 1 incidents at rates in line with worldwide best practice.

By Tahli for State Member for Macedon, Mary-Anne Thomas





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Roy operates a courier business in the Macedon Ranges. His bookkeeping system is extremely outdated – receipts in shoeboxes and problematic spreadsheeting systems.

Roy approached our office to get an understanding of the new generation of online or cloud based bookkeeping systems available. His current system is extremely time consuming and inefficient.

Benefits of using an online system:

- Ability to receive bank feeds which directs bank transactional data each day to the accounting system, no need to key in bank transactions.
- Improved debtor and invoicing control, which assists in cash flow.
- Access anywhere technology, from a computer, laptop, tablet or phone.

We assisted Roy with a trial version of a suitable product and after completing his first Business Activity Statement he was amazed at the time saved not only at month end but also during the period.

Should you wish to discuss your administration needs please feel free to contact Andrew Marshall or Janine Orpwood on 5427 8100 for an initial consultation.

Langley McKimmie

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Shopping in the 1890s

The first document ever printed in Australia was an advertisement – for a 1796 theatre show – and advertising has been part of our life ever since.

They may not have had the internet in the 1890s but they did have their version of online shopping. Every newspaper carried advertisements for goods that could be sent to you by mail but instead of ordering by tapping away on a mobile device it was necessary to dip a pen in the inkwell and write a request on paper.

As one advert suggested: "A Penny for a Stamp, a Dip of Ink, a Minute spent in Writing" could bring to you anything from medications and self-help manuals to clothing and household goods.

By J. Williams for Woodend & District Heritage Society

Locals turn out for water meeting

In late June, local community members turned out for Western Water's future water information session at Woodend Neighbourhood House.

The session covered Western Water's services in Woodend, Macedon and Mount Macedon over the past 20 years, as well as the future challenges and opportunities presented by climate change and population growth across the region.

Over June and July, Western Water held a total of 8 community information sessions to discuss our local water and sewer services and hear customer feedback on our planning for the future. In total 130 people attended the sessions.

Western Water is in the final phases of consultation for its next five-year plan and has a range of engagement activities under way to help with this including focus groups, discussion forums, online surveys, and the Water Matters consultation website (haveyoursay. westernwater.com.au).

Outcomes of the community information sessions will be available on our Water Matters consultation site in August.

To request a copy of the Woodend, Macedon and Mount Macedon handout from the information session, contact feedback@westernwater.com.au or phone 9218 5455.

By N. Cooper for Western Water





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Lawn bowls, probably the world's most inclusive sport!

I recently attended a meeting organised by Bowls Vic, which covered a broad range of topics, including the future of our fantastic sport. One of the key findings of a detailed research study into the broad range of sports available today, was the Lawn Bowls was one of the most, if not 'the most,' inclusive sports in the world.

There are few sports that are as available, as a competitive or social sport. Few sports that are open to and encourages more people. Lawn Bowls is a sport that welcomes people of all ages, all genders, and especially people with a disability ... especially playing against each other.

Let's look at each of these in a bit more detail.

Lawn Bowls is played competitively by people aged from just give us a call. 10 to 100. It is amazing to play a pennant match where a 10-year-old or a teenager is matching it against a veteran of the sport. And all happening in a spirit of fun and harmony. It is with sincere regret that we announce the loss of long-

pennant competition was divided into Men's and Ladies, but since then we have embraced open competition. And the sport is all the better for it. Lawn Bowls is open to people with disabilities, and to play against their more able-bodied teammates.

Embracing our community

Woodend Bowling Club is embarking on a program to spread the above message into our local community, expanding on our successful Barefoot Bowls activities.

We have begun a Schools Program, with students from Braemar College already enjoying the use of our extensive club facilities, and students from both Primary Schools will do so in Term 4. We are also looking to expand the opportunity to play bowls in a social atmosphere, with a choice of Sunday afternoon bowls and mid-week social bowls.

If you are interested in coming down for a fun, free trial ...

Laurie Bowen - a fantastic member - a great loss

People of all genders plays lawn Bowls. Up until 2001 term member Laurie Robert Bowen.

Continues on next page>

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MOWING



joined the Woodend 'Tossa' Bowling Club in 1983, and made a brilliant contribution over many, many years.

He served on the Committee for 17 years from 1986 to 2003 and was Secretary for 15 of those years. He served as Vice President, Delegate, Bar Manager and on the Match Committee. He was winner of many Club events and Pennant Championships and was a Level 1 National Umpire.

Laurie was elected a Life Member of the Club in 2000 for his contributions. He died at just 67 years of age. Rest in peace mate!

For more information: www.woodendbowlsclub.weebly.com. You can also follow us on Facebook.

by M. Dornau, Woodend Bowling Club

Maintenance checks make funds for CFA

Fire Equipment Maintenance (FEM) is a simple and effective way that you can support your local CFA, so that we can continue to more effectively serve our community.

As part of new building regulations, businesses must have their fire equipment checked on a regular basis. In fact, the government can now inspect your premises to make sure this is being done.

As part of your FEM contract, our professional technicians will regularly inspect your premises to test and service all fire hoses, reels and extinguishers. And because the Woodend CFA is committed to the safety of our community, you can be guaranteed of continuous, professional on-going support.

We'd like to thank the many businesses who have supported the Woodend CFA through FEM work, thee's too many to mention hereand look to continuing this valuable service for them into the future.

If your business or organisation is not using Woodend CFA for your FEM, it is a good way to support your local Fire Brigade.

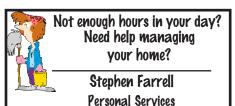
For further information contact Captain Mick Christie on 0419 870 601 or 1st Lieutenant Mike Dornau on 0409 093 935, call the Woodend CFA on 5427 2356, visit the station in Urguhart Street, follow us on Facebook or our website: www. woodendcfa.org.

> By 1st Lieutenant Mike Dornau, **Woodend CFA**

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